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THE GOLDBUG of '76
REGIONAL HIGH SCHOOL
AMHERST PELHAM LEVERETT SHUTESBURY
VOLUME 59

Our Shining Stars

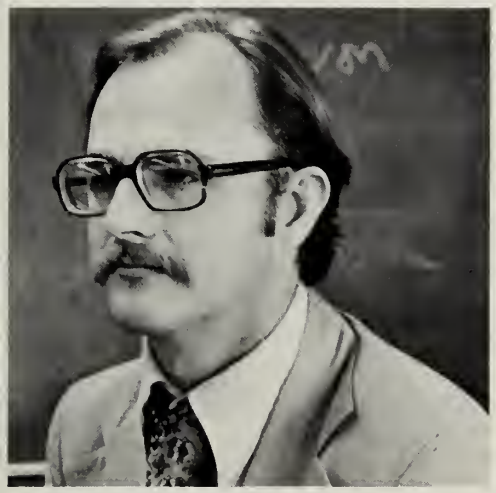
A Faculty Zodiac

Aries the Ram

March 20
April 20

Loves Freedom . . .
Pioneering and Adventurous spirit . . .
Direct . . .
Highly energetic . . .
Quick-witted . . .
Enthusiastic . . . Generous . . . Lively . . .
"Can always be relied upon to make friends laugh . . ."
At their best in competitive work . . .
Challenge is important . . .

Virginia Bastable
Math

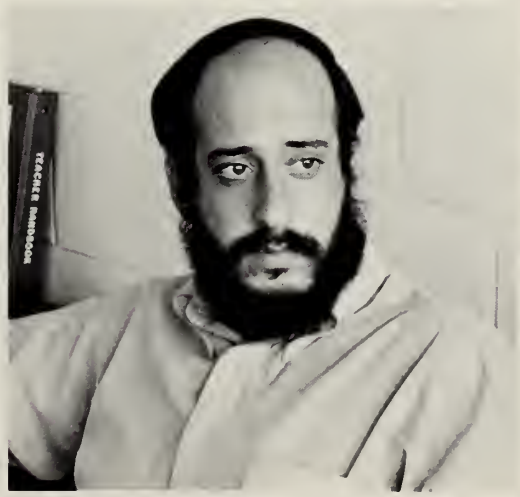


Joe Jacobs
English

Elizabeth Carlisle
English

Dave Harlow
Business

Margaret Coty
Cafeteria



Dave Taylor
Psychologist

Helen Goddard
Secretary

Taurus the Bull

April 21 – May 21

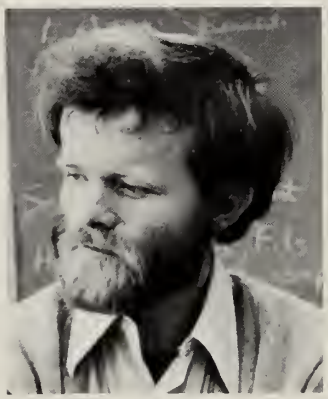
Affectionate . . . Warm-hearted . . . Trustworthy
"A potential bore?"
Determined . .. Strong willed . . .
Love of good food . . .
Plenty of charm . . .
Practical . . . Reliable . . .
Strong power of endurance . . .
Firm sense of values . . .

Virginia Oldershaw
Secretary

James Kelly
Wood Shop

Carol Silver
Mathematics

John Heffley
Coordinating Principal



John Warthen
English

Randy Robinson
Physical Education

Larry Crouse
English

James Scott
Science

Bill Kahnweiler
IPC

Alice Modrzakowski
Secretary

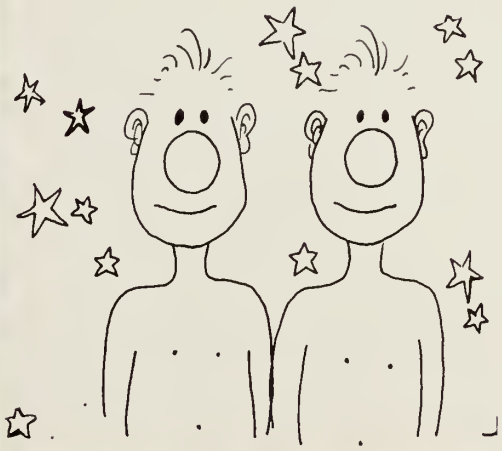
Merrita Hruska
Child Development

Gemini May 22 June 22 the Twins

Versatile . . .
Lively . . . talkative . . . witty
"A gossip . . .?"
Restless . . . flirt . . .
Always on the go . . .

Eleanor Fillmore
Guidance

Isabelle Ryavec
Libriarian



John Kolasienski
Custodian

Rufus "Bud" Kneeland
Physical Education

Paul Lengieza
Social Studies

John Adams
Instructional Director

Georgette Vlach
Custodian

Betty Moulder
Secretary

Cancer June 23 July 23 the Crab

Protective
Positive . . . kind . . . intuitive
Sympathetic . . .
Tenacious . . .
imaginative . . .

Evelyn Barber
Secretary

Erwin Cepeck
Science

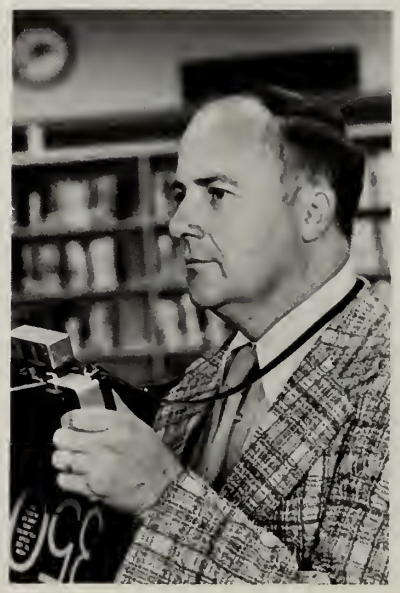
Tom Gralinski
Graphic Arts

Kathy Keroack
Home Economics

Bill Ames
Social Studies

Jennie Oberlander
Science Aid

Janet Fleury
Aide



Bruce Oldershaw
A.V. Director

Leo the Lion July 24 Aug. 23

"brings sunshine into other people's lives . . . "
loyal and affectionate . . .
creative . . . broadminded . . . enthusiastic
. . . Makes an excellent teacher

Suzanne LaVerdiere
Mathematics

Hettie Thompson
Cafeteria

Charlotte Halpin
English

Jane Price
English

Helen Karch
Cafeteria

Samuel Potts
Principal

Sonia Bergquist
Science

Patrick Leighton
Science

Virgo Aug. 24 Sept. 23 the Virgin

Thrives on constant activity . . .
Hard worker . . . Flair for detail . . .
Analytical . . .
Modest . . .
Meticulous . . .

Mary Ann Shea
Business

Charles Camp
Science

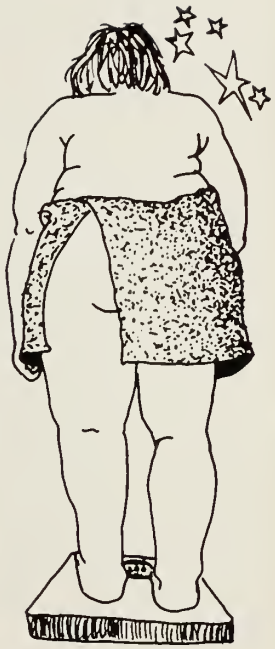
Blanche Derby
Art

John Craig
Guidance

Gladys Jenks
Registrar

Libra Sept. 24 Oct. 23 the Scales

Great natual charm . . . winning manner . . . Strong sense of justice . . . optimist . . . easy-going nature . . . Romantic . . . Diplomatic . . . Idealistic . . . Sees clearly all sides of every problem . . .



Lita Preston
Math

Robert Kelly
Social Studies

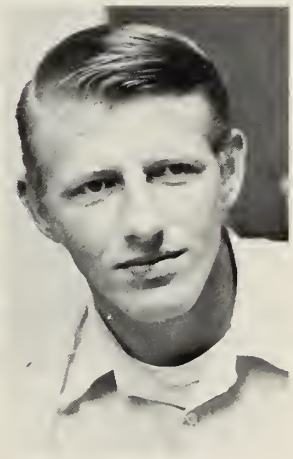
Chris Emery
Science

Cliff Fonsh
Social Studies

Dorothy Ewell
Cafeteria

Lyn Froning
E.S.L.

Lorraine Giard
Physical Edcation



Butch Kellog
Custodian

Betsy Mathews
Classics

Anne Marie Sarkis
English

Gerald Britt
Custodian

Tom Styspeck
Science

Alice Stanne
Math

Scorpio Oct. 24 Nov. 22

the Scorpion

Subtle . . . Strong sense of perception . . . Great personal magnetism ... Must live life to the full . . . Passionate . . . Determined . . . Persistent . . . Sense of purpose in life . . . Highly imaginative . . .

Mary Abramson
Secretary

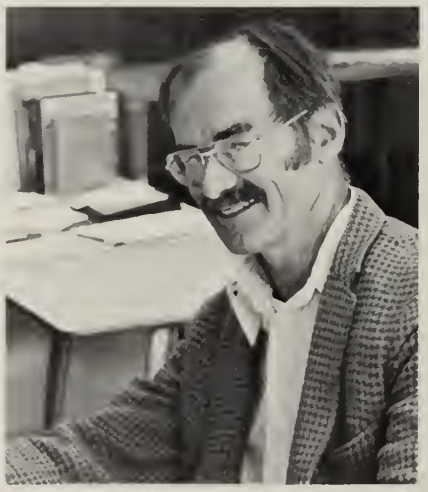
Charles Abramson
Physical Education

Alexander Smith
Custodian

Leigh Hosley
Auto Mechanics

Helen Howard
Cafeteria

Anna Hayes
French



Paul Judson
Math

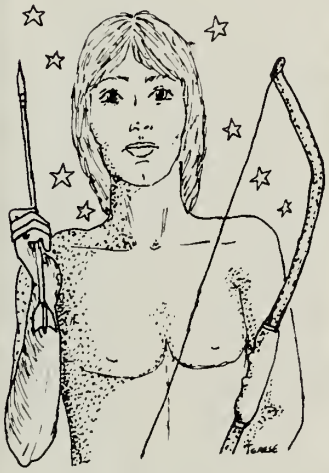
Shameen Syed

Sagittarius the Archer Nov. 23 Dec. 22

Enjoys exploring unknown subjects ...
Versatile ... open-minded ... adaptable ...
Philosophical, freedom-loving outlook on life ...
Life must always contain some element of challenge ...
Good Judgement ...
Optimistic ... open-minded ...
Versatile ... adaptable ...
Sincere ... Frank ...
Dependable ...

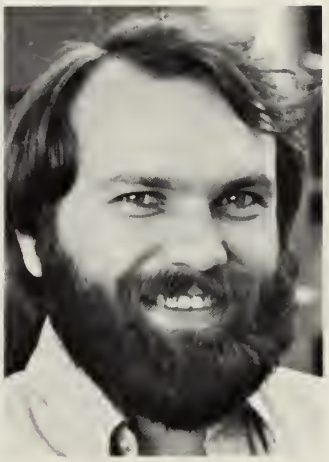
Lewis Breitner
Guidance

Doris Wentworth
Secretary



Pearl Very
Library Aide

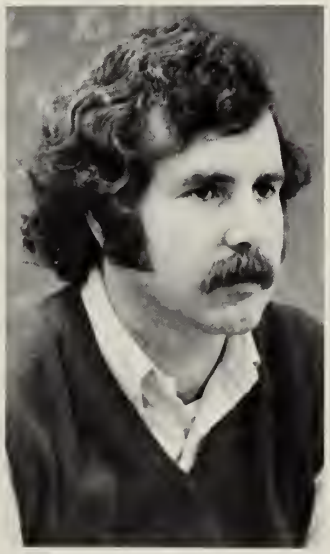
Mark Gerstein
Social Studies



Alex Manchey
Graphic Arts

Carol Howard
Cafeteria

Betty Lawson
Phys. Ed.



Jeff Hatch
English

Mary Rudy
English

Capricorn the Goat

Dec. 23
Jan. 19

"Cool and Calculating . . .
Self-contained . . .
Reliable . . . Patient . . . Cautious
Sense of Humor . . .
Ambitious . . .
Determined . . .

Larry Briggs
Physical Ed.

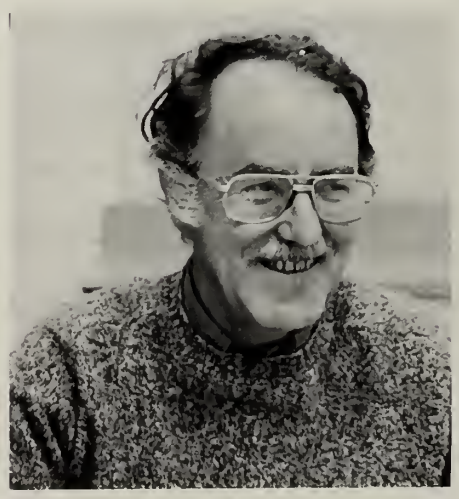
Frank Llams
Work Study

Nancy Lamoureaux
Aide

Judy Banks
Russian

Molly Robinson
Secretary

Benton Minks
English



Walter Ouimette
French

Aquarius Jan. 20 Feb. 19
the Waterbearer

Kind ... Friendly ... Loyal ... Not easily persuaded ... "Personal independence is of enormous importance ... Possessing glamour that is fascinating and dynamic ... Essentric ... Original ... Reforming spirit ... Approaches problems analytically

Mary Fitzpatrick
Math

David Caporello
Science

John Maggs
Music

Leo Vigneault
Guidance

Mary Bleckwehl
Guidance

George Banks
Custodian

Chris Johnson
Home Economics

Lorrie Goin
Aide

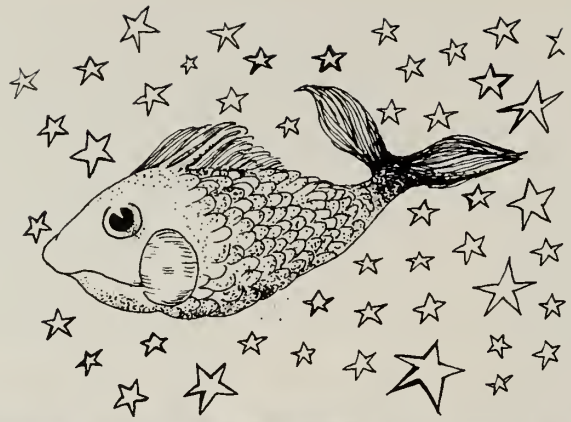
Alan Bridges
Guidance

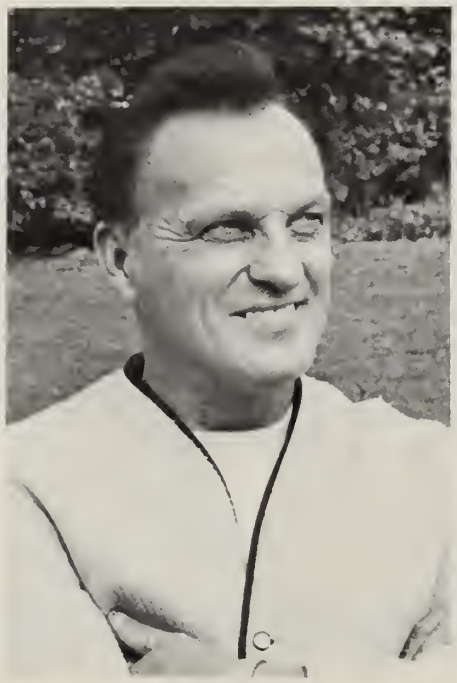
Helen Lee
Language Lab

Jane Baer
English

Pisces Feb. 20 March 21 the Fish

Ability to relieve the suffering of others . . . Real flair for romance . . . Natural kindness and charm . . . Has great compassion . . . Intuitive . . . Secretive . . .





Rudy Woloss
Custodian

Mary Ellen Curtin
Home Economics

Beverly Main
Nurse

Donna Glazier
Social Studies

George Steinmeyer
German

Dael Chapman
Spanish

We Dedicate this Yearbook to:

John Craig

He's a great sportsman and outdoorsman ... He's always free and cheerful ... He's there when you want him ... He's an involved and dedicated guidance counselor ... He's a gourmet cook ... He's full of funny & crazy jokes ... He's a concerned and sensitive listener ... He's JOHN CRAIG. "Where he finds a stranger, there he leaves a friend."

Donna Glazier

Thanks to DONNA GLAZIER, social studies classes are making people think. She is patient, and, considering she recently graduated from here herself ('68), she has not forgotten what it is like to be a student. She is aware of the difficulties we may have and puts us at ease with her warm smile.

The First Dance, September '75

For the love of money

Yeah!!!

I bit off more than I could chew.

So this is what the full moon's influence does to people!

The croud is feeling mean.

How did I get stuck here?

I wouldn't mind bumping into her!

They call me super-stud

Isn't this fun?

No way man. I saw her first!

I'm sober, How about you?

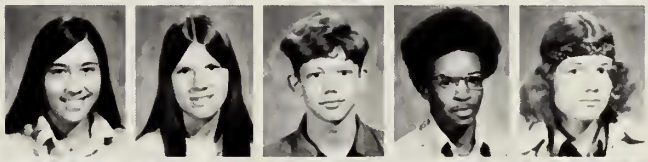
What do you mean I have to play records. Isn't my voice good enough?

Underclassmen

Sophomores

Mary E. Abercrombie
Thomas Aczel
Herminio Agustin
Kriss Aho
Ellen Aitken
L. Ake

Brian Aldrich
Craig Allen
Jeffrey Ambs
Laurie Anastasia
Linda Anderson



Sahira Ansari
Kim Avery
Duane Bailey
Anthony Baker
John W. Baker

Peter L. Baker
Roberta Baker
William Baker
Andrew Ballard
Sharon Banks

Teresa Banks
Albert Bariteau
Mary Barker
Peter Barr
John Bell

Adam Berlin
Elizabeth Bernhard
Mark Bizer
Barry Black
James L. Boden

Michael Bosley
Jay Bouchard
John Boucher
Robert Boucher
Denise Boulanger

Patricia Brand
John J. Brehm
David Brunelle
Bonnie Ann Burnett
Liliana Cade

Steven Campanella
Vincent Campanella
Scott Campbell
Jesus Candelario
Roland Carantit

Vickie Carey
Kathryn Carlson
Daniel Carroll
David Chevan
Elizabeth A. Clapp

Deborah Cohen
Elizabeth Collery
Sherry Collins
Cynthia L. Coombs
Elizabeth Corker

Dorothy Cortright
James Costa
Amy Costigan
Alice Coty
Nancy Cowles

Talli Craig
Michael Greedon
Peter Grouse
Timothy Curran
Diane Damerell

Gassandra Daniels
Nathaniel Davis
Jeff T. Day
Joy Dean
Timothy Delgado

Kathy Dihlmann
Maureen Dodge
John Doleva
Lisa Donahoe
Susan Donovan

Lynn Douglas
David Dowell
Debra Drake
Tracy Drew
Paula Dugan

Darlene Durnakowski
David Eldridge
John T. Elko
Donald Farquhar
Gynthia Feaster

Donna Feng
Charles Fleury
David Flood
Mark Flynn
Ann D. Foster

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Douglas W. Frederick
Glen Freiband
Laura Frost
Douglas Fuller

Tom Fuller
Sally-Anne Gage
Kelley Gallagher
Kathy Garber
Richard Gere

Edmund Gettier
Barbara Gilbert
Endre Glenn
Angus Gordon
Vivian Gordon

Thomas Graves
Susanne Gray
Martha Griswold
Marta Guevara
Susannah L. Halpern

Timothy Halpin
Linda Handrich
Samuel Hannigan
Amy Harper
Jeffery Harris

Francis Hart
John Hart
James Hasbrouck
Andrea Hastings
William Hastings

Elizabeth Heath
Linda Hillenbrand
Bryan Hilson
Lynn Holappa
Charlotte Houck

Steven J. Howe
Catherine E. Hughes
Patricia Hultin
James Jackson, Jr.
Eric James

Loren Jarmon
Gary Jenks
Deborah Johnson
Jay Johnston
Donna Jones

Alison K. Karasz
James Keedy
Joseph Keenan
Diane Kelley
Cindy Kelly

Edmund Keyes II
Rachel Keyser
Luann Kielbasa
David Kim
Henry Kitchell

Jennifer A. Klein
Theresa Klekotka
Paul Klemer
Michael Knightly
Steven Kravetz

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Donna Lamoureux
Walter Lashway
Dennis Lattinville
Bronwen Laufman

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Karen Laverdiere
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Peter Lego

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Elizabeth Lieberman

Daniella Liebling
Patricia Lord
Jennifer Lund
Ruth Lyman
Frederick E. MacGray

Maureen Macpherson
Russell Mader
Edward Mainzer
Stephen Maisner
John Manjounes

Julie Marion
Thomas Marko
Timothy Marko
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Toby Martindale

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Susan McCarter
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Greta Motts
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Brian O'Malley

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Carles Pi-Sunyer
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Linda Potter

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Ann Pratt
Paul Proctor
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James Ralph

Scott Rauch
James Ray
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David Rehorka
Cheryl A. Reske

David Riemer
Daine Robinson
L. Robinson
Kyle Roblee
Sandy Rock

Gilbert Ross
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Rosilian Sacco
Michael Sahheed

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Scott Sandler
Elizabeth Santner
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Pavel Shepp

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Jane T. Sienkiewicz

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Daniel Silver
Desba Silvers
Lenora Simanski
Brian Skelly

Enid Lynn Skibinsky
Deborah Smith
Eric Smith
Sean O. F. Smith
Robert Smyser

Ellen Snyder
Geoffrey Sprague
Craig Stedman
Mark Stedman
Carol Stein

Geoffrey E. Stein
Paula Stelzner
Phillip D. Stevens
Jane Stratford
Cynthia L. Sturm

Michael Suzuki
Eric A. Swanson
Deborah Syna
Lori Thayer
Cynthia Thomas

Cheryl Thompson
Robert Thompson
Amy Thornton
Pamala Thornton
Robert Thrasher

Lisa Towson
Donald Ulin
Carol Vander Zwaag
Michael Vassallo
Michael Volpe

Caitlin VonSchmidt
Gretchen Von Staats
Kimberley Warren
Robert Warriner
Brendan Watt

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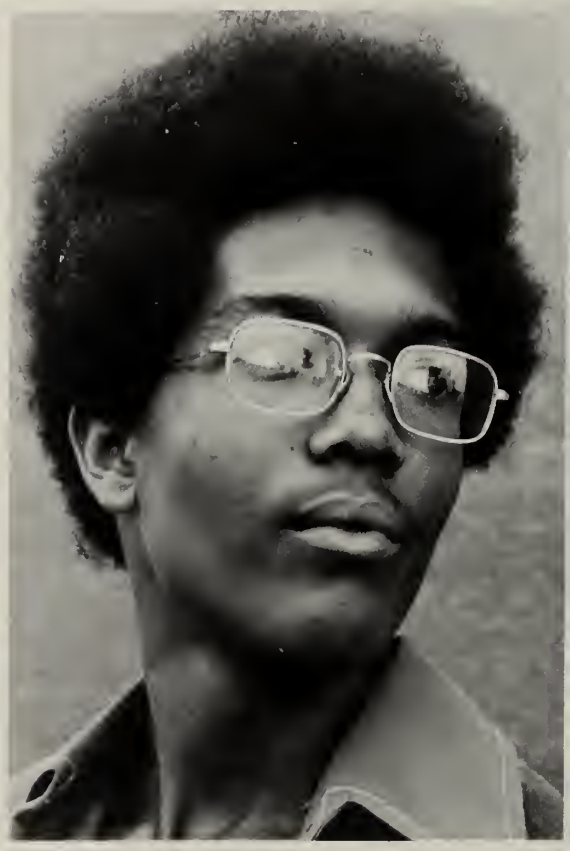
Brian Williams
Elizabeth Wittmer
Judith Wolff
J. B. Wyker



David Yando

Gary Young

Kathryn Holmes

David Snoeyenbos

Greg Cuomo

Ellen Ertel

David Eve

Juniors

Robert Ackermann
Gregory Adams
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Robert Aldrich
Timothy Aldrich

Adonis Alford
Kenneth Allen
Scott Anderson
Christina Annable
Gary Aprile

Lynn Archer
Michelle M. Archer
Scott Ardiff
Susan Aubrey
Raymond Babb

Peter Bak
Thomas Bak
Susan A. Baker
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Susan L. Barker

Christina Bell
Leslie Benson
Kristi Bodin
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Joan C. Bonsignore

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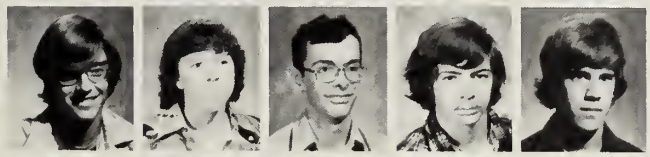
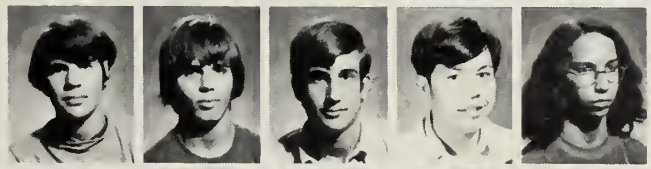
Michele Boulanger
Bruce Bourgeois
Scott Budde
Jennifer L. Burgess



Glenn A. Call
Deborah Camerino
James Campbell
Frank Carey
Stephen Carpenter



Charles Carver
David Cavanaugh
Jack Chandler
K. Ewen Chen
Oren N. Cheyette

Linda D. Chittum
Raymond Cicia
Bruce M. Clark
James Clevenger
Charles Cole

Hubert Costigan
Jenny Costigan
Janet Cotanche
Timothy Cowles
Jill Crites

Donna L. Cross
Amy Curran
Patricia Dalton
Kelly J. Dapprich
Mary Deangelis

John J. Delaney
Kimberly Dempesy
Diana Denyse
James Desmond

Sharon M. Donohue
Kimberly Dowd
Charles Drake
Paul Eddy
Sybil Eshbach

Peter Evans
Edith Ann Field
Nancy Field
Robert Flood
Lucille Flynn

Jocelyn Ford
Ethan Foster
Denise Fournier
John Fowler
Jocelyn Franklin

Tammy Freeman
Kristin Fretwell
John M. Gallagher
Jon Gillispie

Ruth Goldberg
Paul L. Goodhind
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Edward Gordon
Nan Gouin

Lois E. Greeley
Raphael Gunner
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Martha Hammann

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Arthur Hebb
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Marla Hexter

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Kasparyan
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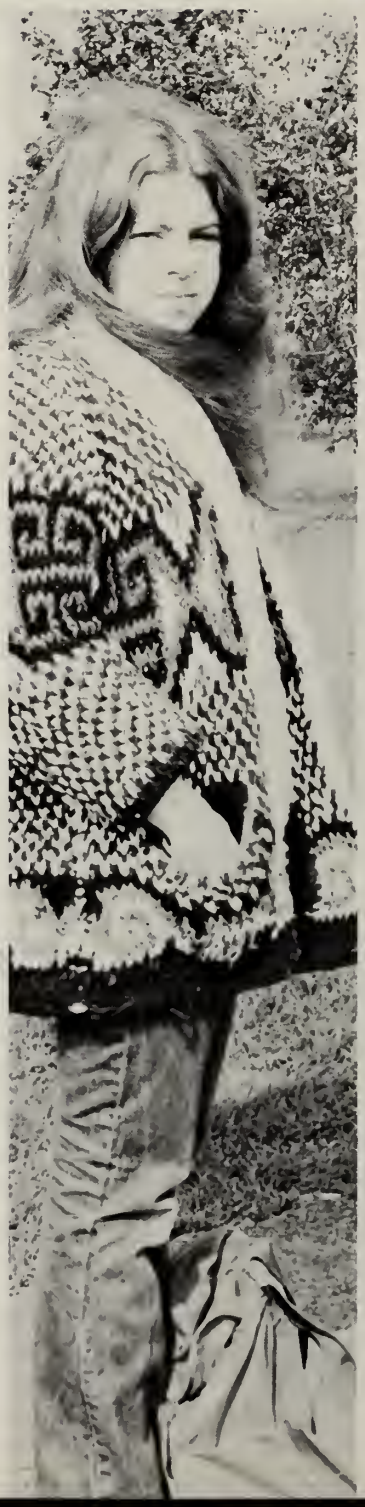
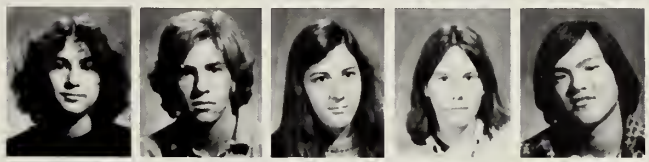


Joanne Kuzmeski
Ryan Ladd
Heloise Lamontagne
Kathleen Lane
Patricia Lane

David Lattinville
David Lauder
Wayne Lavalle
Michael Legare
Thomas W. Lentilhon



Diane J. Levin
Mark C. Lewison
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Susan Litterer
Paul Liu

Terri Livens
Betty Ludtke
Jeremy Lyon
Samuel A. Macleod
Eric Mankin

Ann Marcotte
Siobhan Marley
Thomas Martin
Gilbert May
Carolyn McCormick

William McLaughlin
Elizabeth Meyers
Peter Miles
Jane Mileszko
Karen Mills

Curtiss Moner
Mark Moore
Bobby Gene Mullins
Jeffrey Myers
Christine Newport

Jane Oberlander
Deborah Ocicki
Judith O'Connor
Catherine Olds
Patricia A. Owen

David Peirce
Susan Pelkey
Rupert Pellett
Pamela Peters
Eric L. Peterson

Ansia Petropulos
Seth F. Pogue
Brenda Quinlan
Sue Reynolds
Janet Richardson

David Rintala
Randall E. Roberts
Heather Robinson
Jonathan Robinson
Leigh Rohde

Elizabeth Rolander
Adam Rothberg
John Vassallo
Michael Ryan
Michael Sanders

Therman Sanders
Rebecca Schneider
Adam Shanor
John F. Sheehan
John Shumway

Susan Silva
Matt Simon
Barbara Singer
Frances Singer
Douglas Smith

Robin Smith
Mark Sofield
Marie Spence
Andrew Steward
David Stoneham

Paul Stosz
David Strong
Todd Sunderland
Philip Suprenant
Clayton A. Swanson

Roberta Szala
Cheryl Tausky
Leslie Taylor
Gregory Thelen
Alan Thornton

William Tyler
Yvonne Vogl
Michael L. Vogt
David J. Volpe
Valerie Weaver

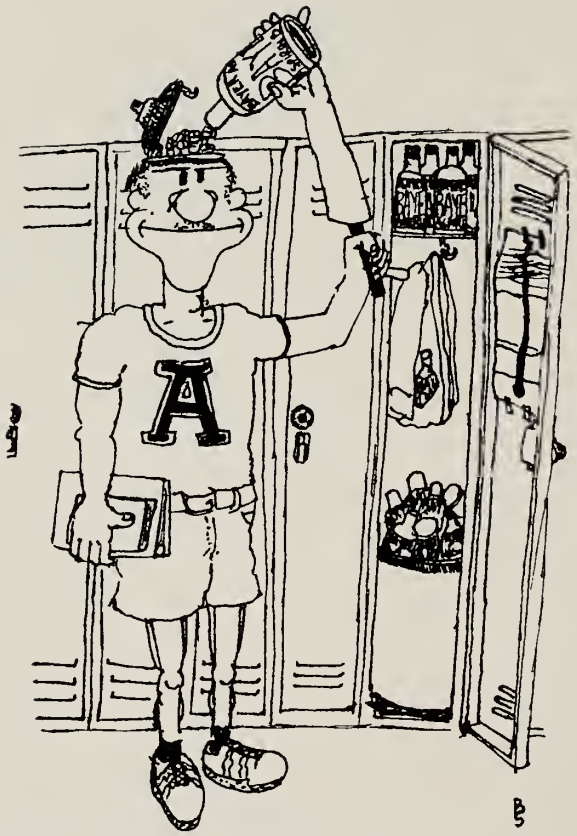
Richard P. White
Thomas White
Elizabeth Wilkinson
Timothy Winslow
Joseph Wolf

Neal C. Woodard
John Wysocki
Kay Young
Thomas Zajicek
Kenneth A. Zambello

Eric Zube
John Rowan

How To Survive . . .

BAUBLES, BANGLES, AND BEADS — In 1976, everybody is so fashion-consious that a lot of people find it hard to keep up with the almost-weekly changes. However, the emphasis seems to be on decadance & tackiness, so darlings, get out the glitter!!



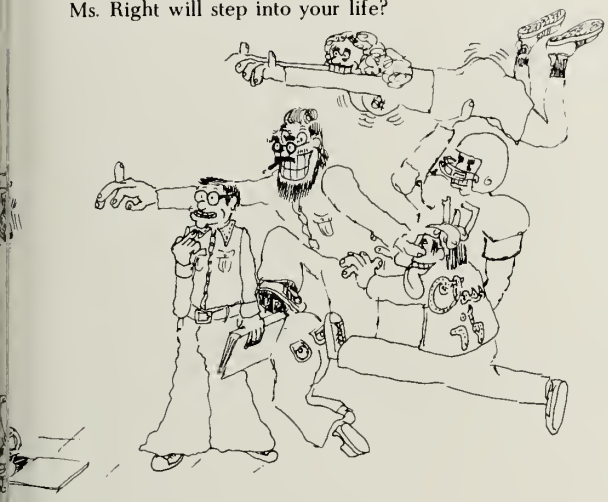
BOTTLE OF ASPIRIN — To help cope with screaming kids, bitchy interns, brusque teachers, and bloodthirsty administrators.

INTOXICANTS — Self-explanatory.

CIGGIES — Yes, friends, the amount of cigaretes being smoked is ever increasing. — Just about everybody lights up occasionally or more. So whether it's a Kool, a Marlboro, a More, or a Vantage Menthol (yay!), flick your Bic and enjoy!

A.R.H.S.

'FRO PIC AND/OR COMB — Whether you have an unperm, or a soooulful cornrow, a Przewaloski Mixing Bowl Special, or the ever-popular Afro, you have to keep it looking half-way decent. Honey, who knows when Mr. or Ms. Right will step into your life?



MAKE UP — Lipstick and gloss, mascara, eyeshadow — all are essential for keeping up a good impression at ARHS. In these rather trendy times, even some girls are wearing makeup.

READING MATERIAL — Well, you just **CAIN'T** waste **all** your time vegging! Gotta bring COZZMOE (with Esteé and Monique, the hottest new fashion model) or a Playgirl (pant pant) or Popular Mechanics (clank clank).

Remember The Good Old Superlatives? The Class

Abby Sunderland, Class Wino

David F. Smith, Jack of All Trades

Kate Maxson, Class Flirt

Mark Siddall, Friendliest

Mike Connelly, Roger Delgado; Peanut Butter & Jelly

Chris Collins, Class Walking Disaster Area

Bob Lord, Nicest

Most Talkative, Ann Feaster and Kay Halpern

Jon Waldron, Class Poet

Of '76 Has Brought Them Back

Peter Fowler — Most charming

Paula Cobb — Most contagious laugh

Pam Schwartzburg — Class ballerina

Allen Dean — Most musical

Lorna Halsted — Most dramatic

Sandy McGill — Shortest

Perry Moss — Funniest

Dan Winslow — Most school spirit

Jeff Gervickas — Teacher's pet

Jen Osborne — Best figure

Lee Leonard, Tidiest

Jake Gouin, Class Mechanic

Chris Gray, Class Clown

Tom Porter, Craziest

Peter Gordon, Class Brain

Ann O'Connor, Funniest

Janki Darity, Cutest

Rick McGinn, Cutest

Peggy Hilson, Best Dancer

Debbie Marion, Sweetest

Mike Fusia, Class Gossip

Ron LaVerdiere, Class Golfer

Amy Hubert, Class Artist

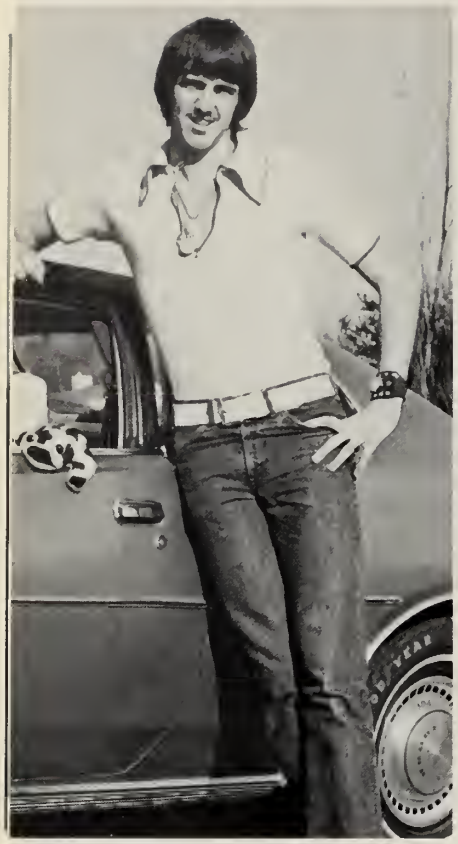
Steve Schwartz, Class Photographer

Colleen Marley, Bubbliest

John Gibson, Class Artist

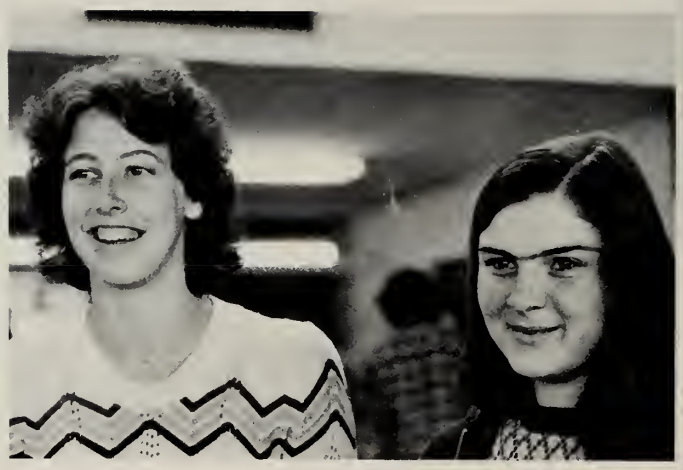
Terese Keohane, Nicest

Vince Cleary, Class Outdoorsman



Lee Shumway — Best car

Sterl Phinney — Most serious



Denise Cary & Ruby Costigan — Peanut Butter & Jelly

Mike Orr — Sleepiest

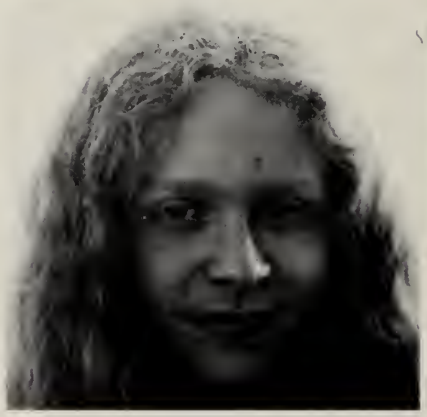
Carl Berquist & David Thayer — Class twins?

Cathi Bishop — Nicest smile

Chuck Chandler — Doc

Joe Holmes — Naturalist

Mary Coty — Friendliest



Peter Teraspulsky — Dope-y

Andy Smith — Prettiest eyes

Dave LaFrance — Weighlifter

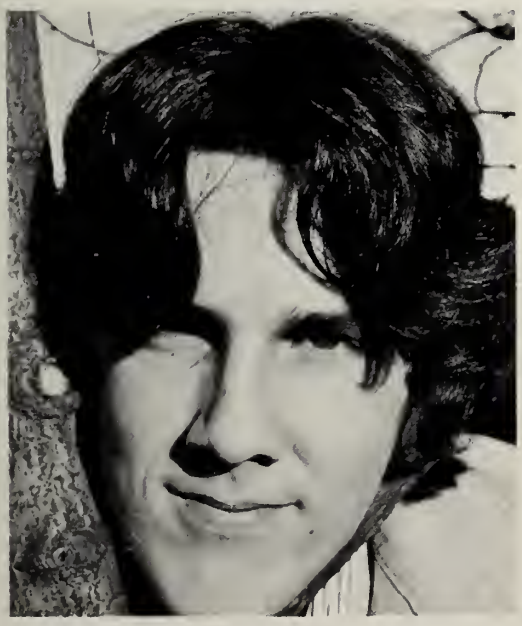
T. J. — School cool

Cindy Horne — Most vocal

Sue Venman — Outdoorswoman

Trina Picha — Most vocal

Maria Mauldon — Nicest accent



Charlie Dodge — Outdoorsman

Sara Knauf — Jack-of-all-trades

Karen Cromack — Jockette

John Vassallo, Biggest head on smallest body

Debbie McConnell, Best dressed

Jane Mahar, Grumpiest

Lisa Tarmey, Happiest

Jerry Janowitz, Most romantic

Terry Filios, Smallest

Geoff Cleare, Spaciest

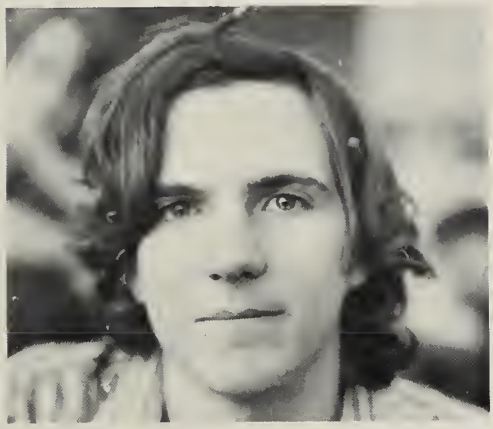
Tom Vinsky, Tallest

Barbara Kennelly, Quietest

David A. Smith — Best Speaker

Janet Lyman — Teacher's Pet

Nellie Candelario — Laziest



David Romer — Math Whiz

Kathy Hayes — Most Contagious Laugh

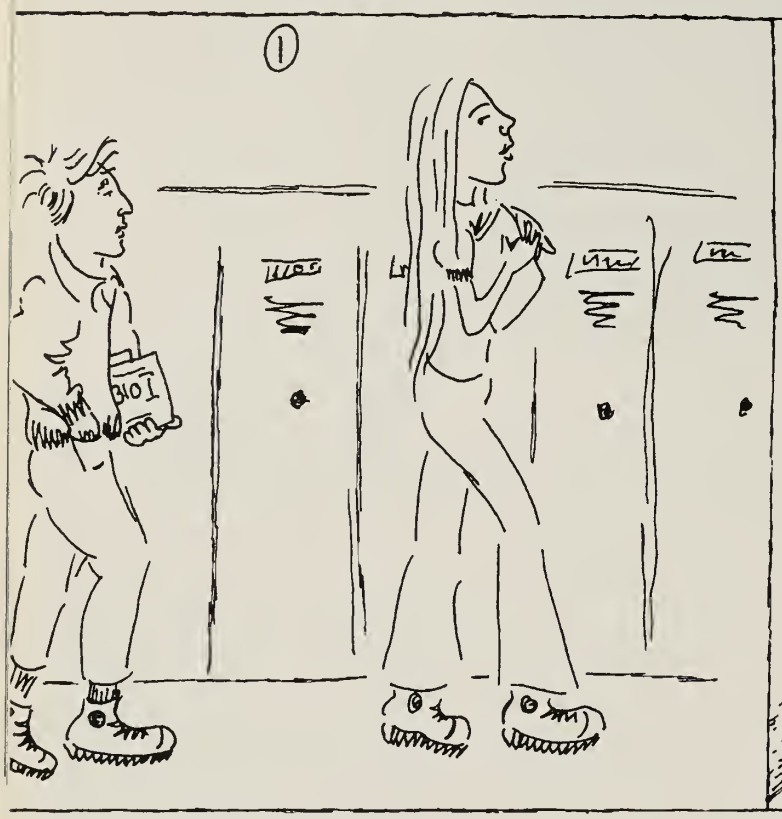
C. J. Peene — Bashful

Edgardo Candelario — Best Dancer

Peter Chametzky — Best Legs

Scott Fitzgerald — School Stilt

METAMOR—



In the Sophmore Year . . .

One learns how to drive . . .

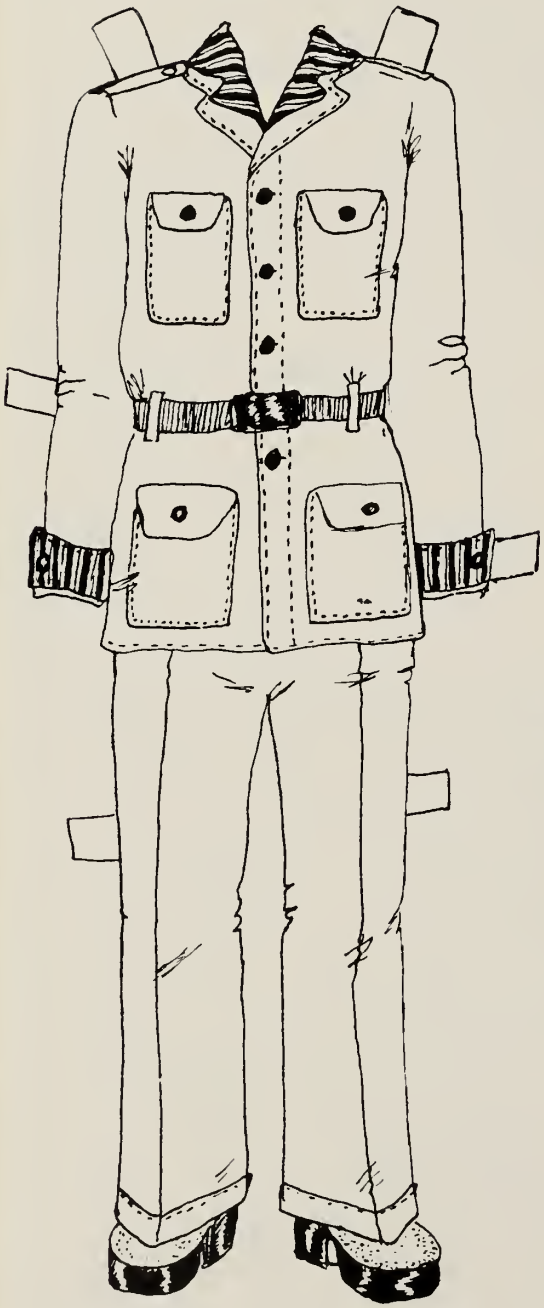
In the Senior Year . . .

PHOSIS

In the Junior year . . . Ahem . . .

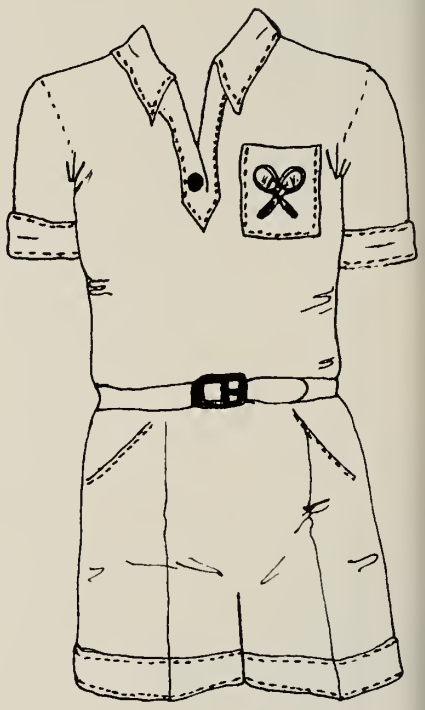
. . . Ahhh!

FASHIONS WI

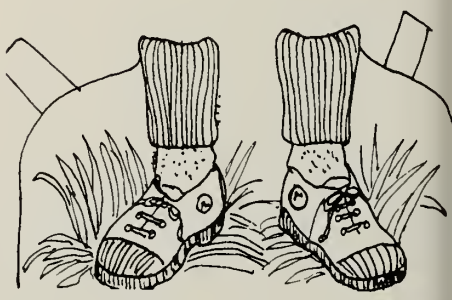


Potts — "The Liberal"

Potts — "In the Raw"



"Sporty Sam"



"Sammy's Soul Sneakers"

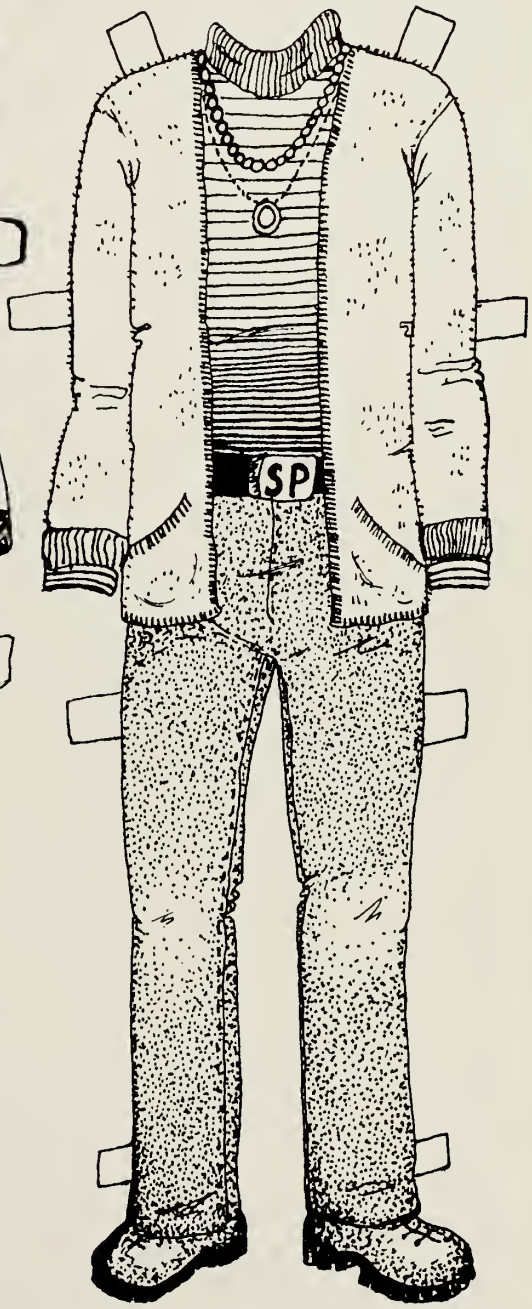
"Sammy's Soul Sandals"

TH SAMMY P

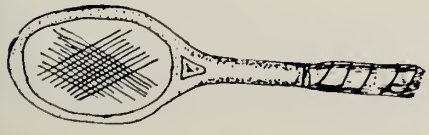
BY TERESE KEOHANE

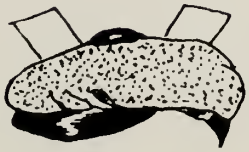
Potts — "The Conservative"

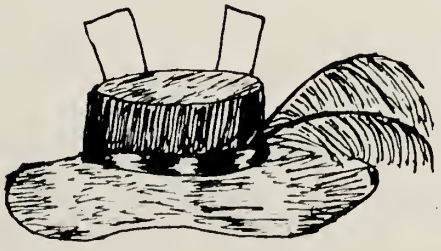
Potts — "The Cool"



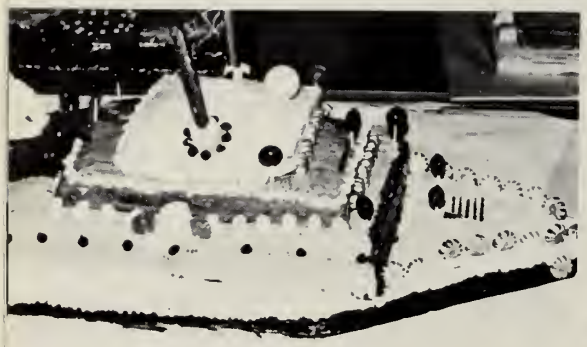
"Sammy Stud"

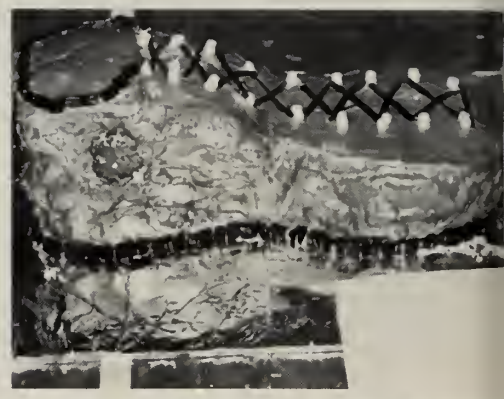






Cake Sale '75





You Never Really Get Used To . . .

. . . School lunches

Lucy Flynn's new outfits

. . . Ralph Gunner's undressing eyes

. . . Tom Porter's modesty

. . . aggressive guys

. . . Terry Liven's voice

. . . Lee Shumway's charm

. . . Some of those art room students

I AM THE GHOST OF GOO-GOO DA-DA, ARHS YET TO COME
I AM THE GHOST OF ARHS PAST!
HEY, MAN! I'M LIKE THE SPIRIT OF '76! CAN YOU DIG IT?
NO DEPOSIT
AND ACTIVITIES
BUT WHY?!!
BECAUSE, BECAUSE IT'S THERE!
LOOK, THE SANTA MARIA
BUT, WHY?!
BECAUSE IT'S THERE!
THE BAER NECESSITIES!
BOTTLED BY AMHERST REGIONAL HIGH
REVERENT
BRAVE
CHEERFUL
LOYAL...
BSA
CLEAN...
THRIFTY...
OBEDIENT...
TRUSTWORTHY...

As Schools Match Wits — 1ST ROW (L — R), K. Quinton, D. Romer, T. Quarles, J. Warthen (Adv), C. Chandler, J. Waldron.

In his third and final year of coaching the ASMW team coach John Warthen has put together one of the most powerful teams in the history of Channel 22. Led by Charley Chandler and arch rival Tom (Chip) Quarles, along with Peter Chametzky, Jon Waldron, Dave Romer, and faithful alternate Keith Quinton, the team has reached peaks of knowledge never before reached by mortal men. As always the motto is "never read when you can skim, superficiality above all".

French Club — 1ST ROW (L — R) — S. Donohue, L. Mascis, K. Silva, L. McLellan. 2ND ROW (L — R) — W. Ouimette (Ad), L. Taylor (Pres.), C. Thomas (VP), M. Hexter.

The **French Club** is planning to go to Montreal, Canada. We have fun and enjoy French culture and language. Most importantly — we enjoy each other. Au Revior Mes Amis!

Graphic Arts Club — 1ST ROW (L — R) — P. Perchak, A. Mackey, T. Marko, T. White, T. Gralinski (Ad.). 2ND ROW (L — R) — S. Howe, J. Rowan.

The **Graphic Arts Club** is a group of students interested in experimenting in various aspects of Graphic Arts. This group also is involved in the production of many school related jobs, including the **Graphic.**

AV Club — 1ST ROW (L — R) — J. Mann, M. Tarr, E. Field, D. Glazier, E. Wilson. 2ND ROW (L — R) — B. Oldershaw, M. Warner, P. Warner, P. Wilkie, H. Kilanell, S. Kaiser, M. Cody, C. Pi-Sunyer, S. Rupp

The members of the **Audio Visual Club** are junior and senior high school students. The club provides assistance to teachers and community organizations in the operation of A-V equipment.

Debate Club — 1ST ROW (L — R) — D. Bailey, B. Altshuler, D. Stein, E. Collery. 2D ROW — J. Baer (Coach), O. Cheyette, E. Mankin, K. Dzendolet, D.A. Smith, K. Halpern, Ansia Petropulos, K. Young (master of ceremonies(?).

The **Debate Team** made outstanding progress this year, emerging as one of the top powers in New England. On the novice level, Amherst debaters won awards wherever they went. On the varsity level as well, the team came into its own, becoming competitive with the best teams in the Northeast.

Goldbug Staff 1ST ROW (L — R) — M. Connelly, R. Smyser, 2ND ROW (L — R) S. Swartz, J. Osborn, A. Sunderland, J. Francis, R. Delgado, A. O'Connor, J. Fagerson, B. Derby (Adv.). 3RD ROW (L — R) T. Keohane, M. Levinger, J. Fowler, L. Shumway, P. Chametsky, J. Gibson, K. Maxson, M. Dempsey, M. Powers.

The **Goldbug Editorial Staff** is made up of dedicated, hardworking young people, who meet deadlines and compose the yearbook. We're good sports — everyone of us! And our comrades in the **Business Staff** are ever faithful in their pursuit of people's money — but for a good cause!

Goldbug Business Staff — 1ST ROW (L — R) K. Kimball, D. Marion, T. Livens, S. Silva, J. Mones, M.A. Shea (Ad), L. Lee. 2ND ROW (L — R) — P. Ziomek, B. Lord, C. Collins, D. Johnson, M. Rogers.

Morning Announcements — (L — R) — T. Picha, D. Camerino, S. Venman

These faithful and true dispersers of the truths of the Universe are gone but not forgotten.

Student School Committee — (L — R) — A. Lieberman, M. Levinger, K. Young, R. Gunner, D. Shaw

You might call the **Student School Committee** an "unseen power" in school business. Although few people in the school are aware of what it is, not to mention what it does, or who's on it, the Student School Committee does meet with the superintendent and Mr. Heffley twice a month; discussing problems in the school, hearing complaints from students, and sometimes taking action by going to the "real" School Committee.

National Honor Society — 1ST ROW (L — R) — P. Ford, K. Cromack, D. Marion, B. Kennelly (Pres.), K. Bak (Vice Pres.), J. Moores (Sec.), D. Keedy, L. Lee, N. Rogers. 2ND ROW (L — R) A. Murphy, C. Horne, D. Ford, C. Chandler, D. Maynard, N. Cournoyer, S. Fitzgerald, M. Dowell, P. Schwartzberg, L. Halsted, J. Bragg.

The **National Honor Society** is a large (but select) organization of students with envious grade point averages. Although members have no more than this in common, they do perform several indispensible functions — induction, new members and raising scholarship funds. Honor Society is characterized, however, by its packed, enthusiastic meetings.

raphic — 1ST ROW (L — R) — D. Marion, D. Dalton, R. Paul, S. Sherwood, C. Chandler. 2ND ROW (L — R) — M. Conlon, A. Progulske, C. Gray, A. Smith, M. Fusia

'he **Graphic** staff works long hours to put out a high quality newspaper. Can't you tell hat from the photograph?

International Students Club — 1ST ROW (L — R) — T. Pham, L. Chen, L. Froning, A. Sanjur. 2ND ROW (L — R) — D. Pham, J. Chen, B. Sze, M. Masalehdan, R.R. Safdarzadeh, R. Tones.

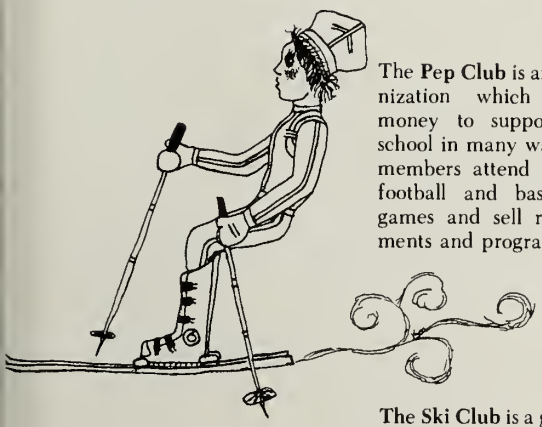
The **I.S.C.** was begun this year by students who felt the need to create a time and place for people from the many different cultures in the high school to socialize and learn from each other. Activities have included games from different countries, guest lectures, ping pong, and dinner parties.

An Outing Club Alaphabet
A is for Amherst High School
B is for Birch and Bike and Bird
C is for Cape, ending in Cod
D is for Deer that run through the woods
E is for Eggs that always break
F is for Floafies in your cup
G is for Gorp, the best treat of all
H is for Hikers
I is for Icicles
J is for Jam, to squeeze or to eat
K is for Kelty, the king of the pack
L is for Lake, pertaining to George
M is for Mountain, covered with snow
N is for Noise which we usually make
O is for Oatmeal, the worst food of all
P is for Peak, the top of a mountain
Q is for Quagmire, which frequents the trail
R is for Rain on the tent
S is for Snow
T is for Trail, always very long
U is for Utopia, home in the woods
V is for Vermont, the great hiking place
W is for Wyler's, faithful & true
X is for X marks the spot
Y is for Yodel, just screaming in tune
Z is for Zee end!

Outing Club — **1ST ROW** (L — R) — A Gordon, T Konicek, A Lieberman, E Ertel, M Lauroesch, V Cleary, P. Sabey, S Anderson, G. VanPeski, E. Krotkov, C Kindahl. **2ND ROW** (L — R) — D Shaw, D Silvers, P. Lin, A O'Connor, J Ford, J. Osborn, L. Halsted, A Sunderland, G. Holappa, C. Coombs, J. Klein, N. Cowles, S Litterer **3RD ROW** (L — R) — C. Merrill, M Fusia, R McGinn, D. Dodge, C. Manning, M Mauldon, J Gillispie, J Wiley, E Foster, D Ulin.

Tri-S ROW 1 (L — R): T. Livens, A. Feaster, S. Silva, T. Freeman — sec., D. Shaw — vice pres., K. Sheerman, K. Garber — tres., 2ND ROW (L TO R) A. Penza, K. Maxson — pres., D. Johnson, S. Culbertson, N. Capen, B. Szala, D. Camerino, E. Wittmer

Tri-S consists of an eager group of girls whose main object is to raise funds for the Jeffrey Towson scholarship and the Tri-S formal. Some of their activities are the Christmas Bazaar, a Senior Citizen day, the companion program, and improving the physical appearance of the school.



The **Pep Club** is an organization which raises money to support the school in many ways. Its members attend all the football and basketball games and sell refreshments and programs.

Pep Club ROW 1 (L — R) J. Marion, L. Mascis, B. Gilbert, D. Lamoureux, T. Drew, B. Frees, L. Tarmey, J. Darity, C. Marley, M. Coty. **2ND ROW (L — R)** S. Banks, P. Lord, K. Gallagher, M. MacPherson, K. Silva, D. Johnson, R. Keyser, K. Roy, L. Gouin **3RD ROW (L — R)** J. Kuzmeski, D. Cross, D. Carey, R. Costigan, A. Penza, N. Capen, R. Paul, D. Feng, A. Modrzakowski.

The Ski Club is a group of students who share the same interest & enthusiasm for skiing. They organized the club themselves, and go up North for Saturday ski trips.

Ski Club 1ST ROW (L — R) C. Lenz, C. Coombs, K. Silva, L. McLellan, L. Mascis. **2ND ROW (1 — 5)** L. Handrich, J. Robinson, J. Gillispie, S. Schwartz, B. Szala, K. Maxon.

Rod and Gun Club — 1ST ROW (L — R) M. Sacco, C. Drake (Pres.) S. Thompson (V. Pres), S. Maisner, H. Walas, D. Thayer, C. Drake, C. Fleury **2ND ROW (L — R)** T. Maisner, J. Walas, D. Thayer, A. Howard, J. Clevenger P. Shumway, P. Eddy, J. Craig (Ad), T. Eddy, P. Perchak

The **Rod & Gun Club** has done many things this year. It has sponsored the hunter safety program, a very popular class that helps students get their hunting licenses. We have also gone on many field trips: ice-fishing, snow mobiling, and ice hockey in the winter and Quabbin Reservoir fishing in the spring. It's then when Mr. Cepek comes to gather up driftwood & to share his wife's cooking with us. A highlight too is the annual picnic when Perchak and Ziomek always make excellent potato salad and Col. Craig fries the chicken (just in case not enough fish is caught). Picnic awards were presented to: Dave Thayer — highest swan dive at Green River; Peter Perchak — biggest eater; Kevin Longto — best fisherman, Richard Vassallo — best (and most knowledgeable) camper.

1975-76 had to be a morale-boosting and rebuilding year for the **Symphony Band**, due to the large number of players lost to graduation. The main activity was giving concerts. These performances were termed "highly successful" by Mr. Phillips, and included a program in which the Band played a Bach prelude and fugue. The Band also tried to build up the treasury during the year, using many methods one of which was picking apples. The Band was ably staffed by Dan Winslow (Pres), Joy Dean (Sec), Judy Bragg (Lib), Bobs Bond and Simon (Equipment Mgrs), and Beth Wellman, Bill Tyler, Matt Levinger, and Barney Plisko (Class Reps). Pep Band could be seen at all the football games this year, dedicatedly playing their instruments in the cold weather. But it proved worth every frigid mouthpiece when they helped cheer the football team onto the Division Championship. The Pep Band also played at home basketball games.

The **Jazz Workshop** gave some performances this year, among them an informal concert in the auditorium. However, the J.W. stayed mainly in the music room, playing, singing and having a good time. At the beginning of the year the group consisted of a pianist and a few drummers, but later they were joined by a saxophonist, a singer, and others.

Jazz Workshop SEATED: P. Shepp, J. Griswold, D. Mazor, S. Rich **STANDING:** T. Porter, D. Chevan.

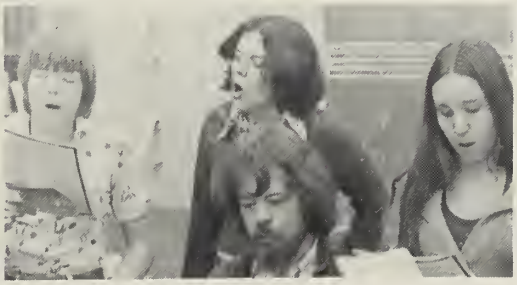
An abundance of activities and successful concerts made '75-'76 particularly good for the **Chorale**. Members worked throughout the year on plans for their spring tour, including fund-raising activities such as tag sales, an **Amherst Record** subscription drive, a raffle, and a cabaret-style dinner. The tour took them to Toronto, Canada, and cities in Michigan. There were other big events for the Chorale this year. Among these was the November Bach Festival, in which they performed Bach's **Cantatas 78** and **131** and **Motet VI. Brandenburg Concerto no. 4** was also performed. Another event was the spring concert in which the Chorale and Chorus performed the **Mozart Requiem**. The two groups also participated in a Bicentennial program of Thompson's **Frostiana**, a setting of Robert Frost's poems commissioned by the town of Amherst for its own Bicentennial. All in all, it was a year of work, friendship, and fun.

Chorale 1ST ROW: T. Picha, D. Ford, J. Fagerson, E. Hart, R. Gunner, G. Motts, A. Dorman, T. Hancock, K. Carlson, B. Skelly, D. Smith, S. Venman, M. Southworth, C. Horne, L. Halsted, C. Houck, C. Bell **2ND ROW:** D. Peirce, J. Keenan, A. Petropoulos, B. Singer, A. Murphy, A. Dean, S. Anderson, S. Budde, D. King, J.B. Wyker, M. Siddall, D. Ziff, C. Kindahl, C. Allen, K. Zambello, D. Smith, M. Hunter, S. McGinn.

Collegium — **(SEATED:)** D. Smith, S. Litterer, P. Judson, T. Picha, E. Hart. **(STANDING:)** S. Venman, C. Horne, M. Siddall, D. Glazier, J. Warthen, C. Bell, D. Ziff, J. Maggs

"What's the **Collegium Musicum?**" is a question often asked when one hears about this group. Well, we are a small group of students and faculty which studies and performs early music. Members both sing and play early instruments such as the recorder in concerts which concentrate on solo and ensemble performance. The Collegium gave four concerts this year, the first of which was a December program of Medieval and Renaissance Christmas music, followed by a performance of late sixteenth and early seventeenth century music in February. A concert of Medieval music was given in March, and a Renaissance program complete with Renaissance dance was given in June.

Chorus — **SEATED:** N. Reid, L. Gardner, K. Kittle, A. O'Byrne, D. Silver, E. Ertel, T. Keohane. **STANDING:** L. Mascis, K. Dempesy, E. Wilson D. Albertson, M. Seaver, J. Levin, G. Freiband, M. Abercrombie.



'75-'76 brought members of the male sex into the Chorus, which for many years had been made up entirely of girls. This increased interest made it possible for the group to perform a much wier range of music. The Chorus performed Buxtehude's **In Dulci Jubilo** and a setting of madrigals, and Hammerschmidt's **Heilig ist der Herr** in a joint concert with the Chorale. Other joint concerts with the Chorale were the Bicentennial concert, and the performance of the **Mozart Requiem.**

"A good and eager group," said Mr. Nehus of this year's **Orchestra.** Good because eighteen strings were accepted into Western Mass. District Orchestra, and five were recommended for All-state competition. Eager because a significant number of violinists volunteered to switch to viola to fill the gap left by graduation, which enabled the group to obtain a good balance of sound. Orchestra members were joined weekly by several Band members to give the group experience playing in both string and full orchestras. The Orchestra gave several concerts during the year, and also planned an exchange concert.

1975-76 was a revolutionary year for the **Student Council.** For the first time ever no elections were held for positions on the student government. All representatives were voluntary, so the council was no longer a popularity contest. That being the case, Karen Dzendolet and Pam Schwartzberg were elected co-chairpersons for the year. The Cross Country team dominated most meetings. We have continued to forge forward, meeting problems as they come and trying to make the school into a better place.

Student Council — 1ST ROW (L — R) — L. Kroon, P. Ford, K. Dzendolet, P. Schwartzberg, R. Keyser. **2ND ROW (L — R) —** L. Wilkinson, B. Queen, R. McGinn, M. Hexter, L. Anastasia.

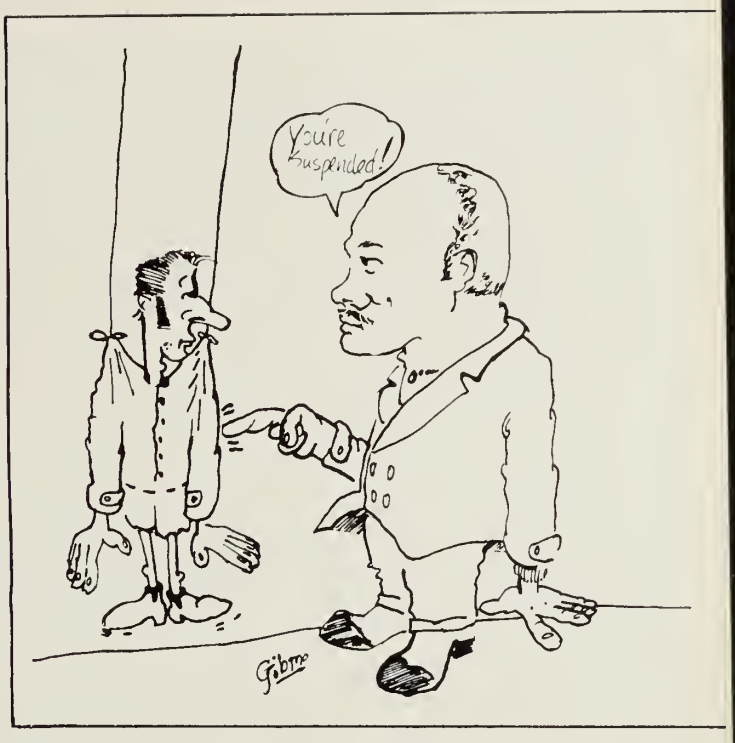
Thespians — ROW 1 (L — R) — P. Sabey, E. Hart, A. Dorman, T. Picha, K. Dempesy, L. Halsted (Pres.). **ROW 2 (L — R),** C. Bell, D. Camerino (V.P.), C. Horne, J. Keenen, D. Ziff, S. Venman, J. Gillispie, K. Moore, J. Levin, B. Altshuler.

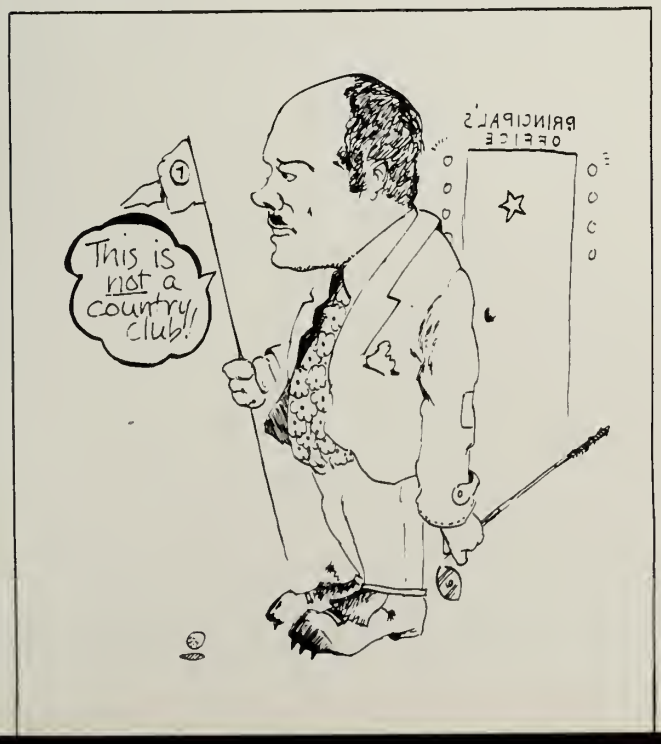
The **Thespians** started off the year right (? with a cancellation of the controversia play, "Happy Birthday, Wanda June". A present writing, production of "Stag Door" is taking up Thespian energy. (W hope it will make it to opening night.)

Unity 3 — ROW 1 (L — R) — Baker, Paula Moss, N. Duncan, P. Hilson, P. Baker, N. Candelario (Treas.), F. Houn, J. Harris. **ROW 2 (L — R) —** A. Alford, P. Stevens, T. Fuller, T. Sze, S. Wiggins, L. Taylor, J. Darity, Perry Moss, A. Nobblen. **ROW 3 (L — R) —** J. Moore, T. Bond, T. Jones, J. Candelario, R. Miles, III, E. Martin, E. Candelario.

Unity 3 seeks to make Third World students mor aware of the universal struggle of their people Individual identities, communication and intra-re lationships are strengthened with this group c brothers and sisters who are helping to create th real **New World.**

Quotes from Chairman Potts





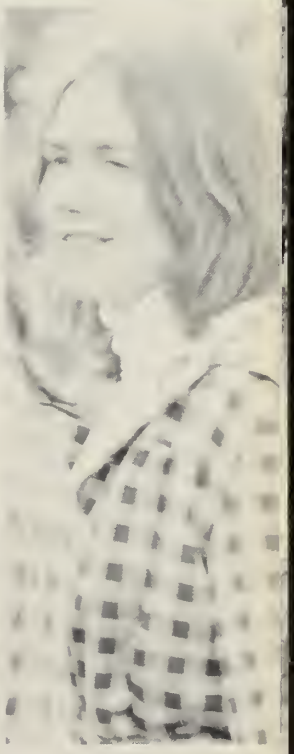
Fall Sports

V. Football Cheer-Leaders — ROW 1 (L — R), R Paul (Capt.), K Klein, (Co-Capt0 D Marion, C Marley, D McConnell, S Knight, J Kuzmeski J Darity

It was a great season to be a **Cheerleader,** with the super teams we had.

We will never forget the hours we spent cheering in the pouring rain; the time we swept the water off the soccer field so our team could play the next day; the hot days we spent in August practicing and those freezing days practicing in December.

We will never forget: Robbin and Kathy leading us with their pep and mouths; Debbie M. smiling; Debbie Mc looking for Timmy; Janki and Colleen creating new moves for our cheers; Anne making bets she never paid of; Sue quickly exiting to the girls' room; Joanne being always on time; and Nancy being ready with the score!



JV Football Cheerleaders — 1ST ROW (L — R) — S Banks, D Lamoureux, T Drew 2ND ROW (L — R) — J. Marion, D Johnson, T Brand, A Penza

Girls' Volleyball — 1ST ROW (L — R) — J. Richardson, S. Aubrey, P. Sabey, T. Franklin, S. Gray, H. Robinson. 2ND ROW (L — R) — L. Giard (Coach), K. Dowd, C. Holmes, J. Mileszko, S. Collins, L. Lee, L. Archer (Manager), P. Robinson (Manager). 3RD ROW — (L — R) — A. Ostendarp, F. Houn, M. Hammann, R. Smith, P. Barber, K. Carlson, B. Corker, S. Donovan, G. Mileszko.

The Volley Ball team ended their season this year with a 10-2 record which put them in 2nd place. They also captured 2nd place in the Amherst volleyball tourney.

Girls' Swim Team — ROW 1 (L — R) — A. Meade, J. Robinson, A. Peterson, D. Chisholm, B. Ostendarp. 2ND ROW (L — R) — N. Jackson, D. Boulanger, N. Field, L. McLellan, D. Simanski, M. Field, J. Meyers. 3RD ROW (L — R) — B. Rielly (Coach) — B. Quinlan, P. Halpin, M. Feragen, J. O'Donnell (Coach), A. O'Byrne, K. Hughes.

The Girls Swim Team had an had an undefeated season to become C-division champions, with a record of 13-0. Some highlights were: 200-yd medley relay: M. Boulanger, B. Quinlan, D. Boulanger, A. O'Byrne (2:09.1); 200-yd individual medley: A. O'Byrne (2:34.4); 500-yd freestyle: O'Byrne (6:08.8); Diving: M. Feragen (144.84 pts); 100-yd freestyle: D. Boulanger (1:10); 100-yd backstroke: A. Peterson (1:11.8); 100-yd breaststroke: B. Ostendarp (1:18.3); 200-yd freestyle: A. Peterson (2:14.1); 400-yd freestyle relay: D. Chisholm, J. Hagberg, A. O'Byrne, A. Peterson (4:20.5). Next season the team will be competing in B division.

Field Hockey — "We had a good season" R. Titzel . . . . . K.C. trying to spend all practice warming up . . . Carol can finally touch her toes and Sheila Gettier is still thinking of new jumping-jack cheers. Jocelyn appears so she can choke through another practice . . . muddy grass and huge puddles. Ro and Karen L. doing drills alone . . . Karen Bak still hasn't sewn her short's pocket. "The "corner play": a small drive, and Lisa Gettier proves she is the most agressive player — by breaking KC's fingers. Our cheerleader's: Trish and Cyndy . . . "Chatanooga Choo-Choo" by Melissa Kim . . . Paula Dugan screaming in the locker room. We keep Joy in her cage . . . maybe she'll play this game. Sue Barker keeps adding to her collection of bruises on her shins. Ignoring the J.V.'s wind sprints . . . listening for the bell up town beating Frontier! Bonanza . . . "We had a good season" . . .

Field Hockey — 1ST ROW (L — R) — L. Gettier, S. Gettier, J. Ford, P. Dugan, M. Kim, T. Hultin, K. Bak, R. Tudryn. **BACK ROW (L — R) —** R. Titzel (coach), N. Wogrin, S. Barker, L. Wilkinson, K. LaVerdiere, C. Kendall, J. Keyes, K. Cromack, C. VanderZwaag.

JV Soccer — (1ST ROW L — R) M. Homgberg, D. Silver, T. Brophy, M. Mottla, R. Gunner (Co-Capt), S. Rauch (Co-Capt), S. Plourde, K. Aho, J. Hasbrouck, M. Lang. 2ND ROW L — R) P. Gross (Coach), N. Davis, K. Robly, E. Zube, S. Peene, A. Rothberg, S. Lambert, D. Peirce, J. Lee, B. O'Connor, D. Kim, T. Zajicek, B. Stein, S. Ambs, P. Healy

V Soccer — **1ST ROW** — C. Britt, J. Gallagher. **2ND ROW** — D. Dalton, G. Hollapa, T. Bak, A. Britt (Tri Capt.), S. Sherwood (Tri Capt.), J. Vassallo (Tri Capt.), C. Bergquist, D Farquhar, P Evans. **3RD ROW** — S. Pitkin, C. Manning, D. Porter, C. Merrill, R. Lambert, C. Collins, A. Burke, M. Maselehdan, M. White, W. Ruhlandor, R. Ackerman, T. Porter, T Gralinski (Coach).

The Soccer Team accomplished in 1975 many many things which seemed in August to be just dreams. By season's end, statistics showed Amherst 10-11 in Hampshire League play, good for first place. From there it was on to Granby and Southwick for tournament games. Against Minnechaug, Marty White brought Amherst back from a 1-0 halftime deficit with 2 fourth-quarter goals. He netted 18 goals and 5 assists to break Dave Penza's scoring record. We outscored opponents 48-27, and amassed 36 goals to opponent's 13 during a ten game stretch. Lineman White was named to the Hampshire League All Star team, as were Tri-Captain John Vassallo at center half, center fullback Chris Collins, and goalie John Gallagher. Forward Dalton made 1st team as utility player.

On the right side of the field, winger Tom Porter, halfback and Tri-captain Aaron Britt and fullback Craig Merrill made the 2nd team All-League squad. Rounding out the starters were Ricky "Tardo" Lambert at fullback, Bob Ackerman at half, and left wing Dave Porter, a sophmore with the hardest shot on the team.

The 'Canes earned a reputation for coming from behind all season to pull out games. Coach Tom Gralinski also earned his team a reputation among league referees and coaches for having the most skilled and cleanest team in the league. "Gra" shaped soccer at A.R.H.S. from 2-10 (1973) to an 11-2-1 overall record in 75.

The Varsity Team was a success not only for its won/lost record, but because of the atmosphere which surrounded practices & games. All the players were dedicated, but informality was the rule, as team members and coaches spent more time and energy "screwing around" than actually practicing. Coach Gralinski's attitude was responsible for this. If there was one credo which could be assigned to the team, it was, "Do your best, but never let success get in the way of having a good time."

64
11
55

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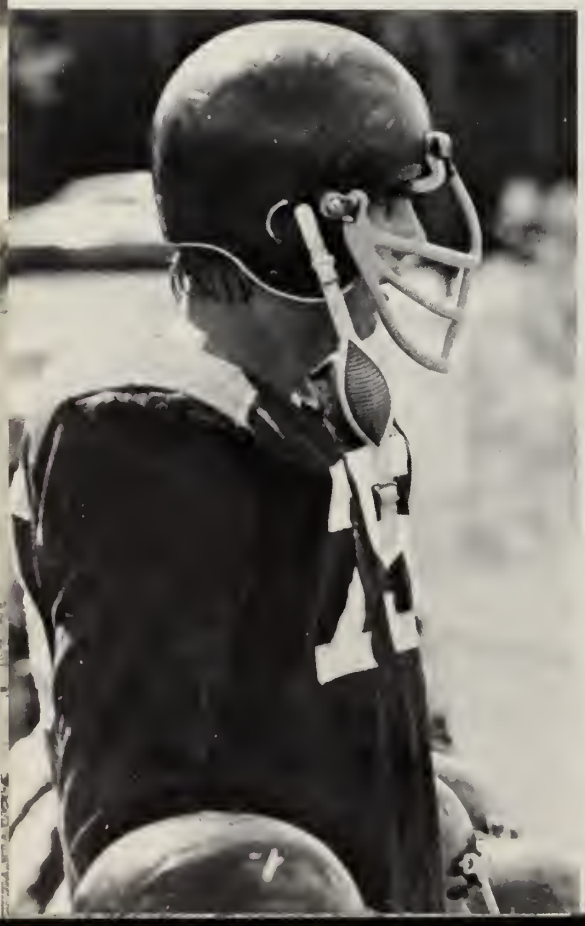


Football — 1ST ROW (L — R) J. Koehler, J. Barr, B. Brandts, "Mort" Matuszko, A. Progulske, M. Fusia, A. Smith, "B.J." Lord, T. Glenn, M. Powers, J. Gawjenowski, **2ND ROW (L-R)** N. McClure, D. Albertson, T. Winslow, C. Drake, P.Bak, R. Hall, J. McConnell, J Eldo, J. Keedy **3RD ROW (L-R)** R. Bell, M. Ryan, B. Birch, J. Ostendarp, P. Liu, P. Shumway, B. Skelly, P. Stevens, P. Shepp, P. Baker, V. Candennella, M. Jerome, **4TH ROW (L-R)** B. Hastings, D. Winslow, Coach P. Lengieza, Head Coach "Bud" Kneeland, Coach J. Hastings, S. Fitzgerald, "Goucho" Gawienowski, D. Cavanaugh.

For the 1st time since 1959 the **Football Team** claimed the Intercounty League Crown for themselves. Another championship won by the 'Canes was "The Western Central Super Bowl Division III Title." We boasted a fine 9-10 record. The 9 wins were a school record for most wins in one season. The only loss came to the Suburban League powerhouse of Longmeadow. Because of our dominance of the Intercounty League during the last few years, we will move up to a more challenging Surbaban League next year.

Our season had several highpoints. One of these was the 13-0 win over Turners Falls. During that game Tony Glenn intercepted a desperate Turners touchdown pass at the Hurricanes' 1 yard line and returned it 99 yards for a Amherst T.D. Another one was Jamie "Swivel Hips" Koehler's 74 yard scramble across the field at Frontier.

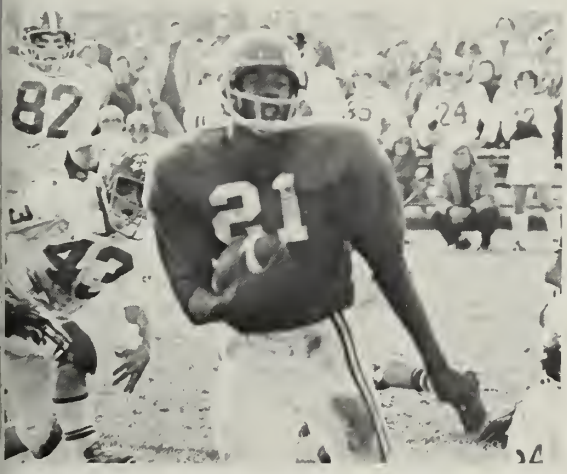
The hard hitting defense was very strong and only allowed Intercounty League Foes 27 points in 8 games, including 5 shutouts. While the explosive running attack of the offense ran up a total of 173 points in 8 games.

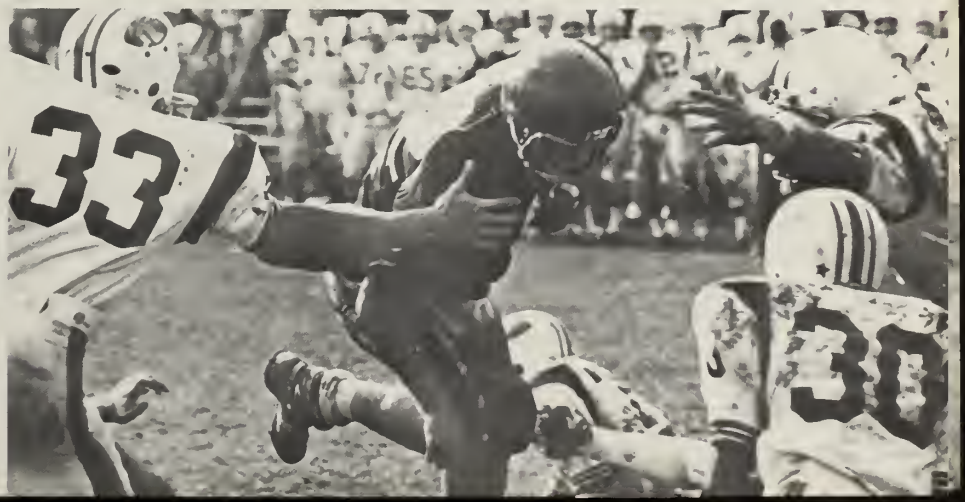
Amherst dominated the All-League team by placing 8 men on it out of 22. Making the team on offense was Matusko at Tackle, Progulske at Fullback, Glenn at Halfback and Bak at Guard. Offensive honorable mentions were Barr at Center and Koehler at Halfback.

On the defensive All-League team were Matusko at Defensive Tacke, Progulske at Middle Linebacker, Glenn for Defensive Halfback and Drake at Outside Linebacker. Honorable mentions were Barr at Defensive End and Powers for Placekicker.

The 'Canes will have many returning lettermen to be led by Tri-captains Tim Winslow and the Bobsie twins, Peter Bak and Chuck Drake.

The 'Canes spirits are high for their audition into their new league. Who knows what great heights we will reach in '77?





The Pit and the Pendulum
(A cross-country tragicomedy in four movements.)

Prologue: (August) 102 degrees at midnight — Bill and Ed are still hanging around — It is summer and thoughts turn to running and fame. Ric says he'll start to train next week . . . Bonsignore can't be found. Ah, youth! The slap of new shoes on old roads, carbon-monoxide in the air, team workouts, pizza, the good life.

Act 1: (midseason, in the pit) Call me Smitty. Ric leans back in his chair as Bonsignore stares icily at his cards. Whitney is standing in a corner. Jer seems nervous; there is tension in the air. Suddenly a huge figure looms in the doorway. All the pent up frustration explodes as the intruder is recognized: "Crowley, turn off the lights, three jacks!", the mob cries. Crowley. The word takes on sinister meaning. Crowley. Like some wierd incantation. The lights go off and pandemonium ensues.

Act 2: (The same, a week later) In a sudden blow to the team, Waldo's right leg falls off. "We're still very much in contention." No room to move . . . Joe begins his struggle with his locker. Greg and Tim trade banalities as the room starts spinning. A dream: In the center of a vast colliseum, soldiers, dressed in blue and gold, stand guard. A gate, inscribed simply "A Lark", is opened and a hideous monster emerges. It has the body of a vega and a green face with sunglasses. I run for my life into a crowd . . . there is a presentation going on. "For the fourth year in a row, the award goes to . . . Carl Ackerman!" I am falllingg, falling down Turner's hill. I wake up. My mind refuses to clear . . . Joe is still working at his task.

ACT 3: (Franklin Park) We six are herded into a narrow slot where we will begin the race. It is very cold. Pete and Dave are quiet, Ric and I are in a pre-race trance. I can't tell about Jer and 'Signore. Bruce takes our sweats, then, confusion; I want this thing over. (Anything for some warmth) We tense on the line, 200 of us . . . the years pass . . . the start — up a hill — swept along with a mass of runners — sprint if we can — finish . . . with no victory. Nothing matters right now, I'll think about it later.

ACT 4: (The finale: a party somewhere, under a table) A case! A case! Ric becomes philosophical . . . Bonsignore laughs offensively . . . Pete says something unintelligible and unheard . . . Whitney and Smitty play ping-pong. There are too many people here. "Distracted from distraction by distraction", I mumble. What have we done? Something, I guess. This is how it all ends: Bonsignore gets lost and is never heard from. Ric and Pete are lost as Ric's volkswaon disintegrates in a collision with a Venmobile. Waldo tears himself into pieces, Dave picks on someone too big and Jer jumps off a library. That's all there is. There isn't anymore

Cross Country — 1ST ROW (KNEELING) (L — R) C. Ackerman, B. Rice, J. Wolff — Co. Cap., R. McGinn, Co. Cap., P. Chametzky, Co. Cap., D. Whitney, Co. Cap., (STANDING) (L — R) B. Smith, G. Thelen, E. Murphy, E. Peterson, S. McGinn, J. Hart, T. Halpin, Coach Crowley,

Girls Cross Country — 1ST ROW (L — R) J. O'Connor, C. Lettis (ad.) M. Soltysik. 2ND ROW (L — R) C. Sturm, M. Larson, W. Wlf J. Chevan

Going in or coming out?

Fighting the undercurrent

So that's a girl!

Babs in Toyland

Who is that masked man?

Would you buy a used car from this man?

Ames in for refueling

Why Grandpa, what big arms you have!

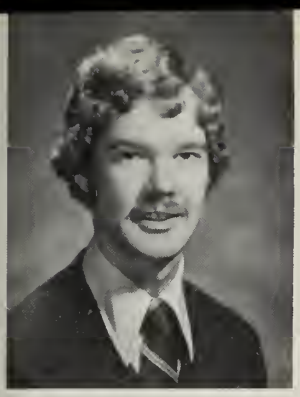
Talk about worry lines!

Evel Goodie rides again!

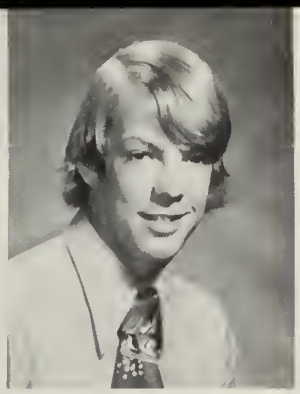
The Three Mouseketeers

Happiness is . . . .

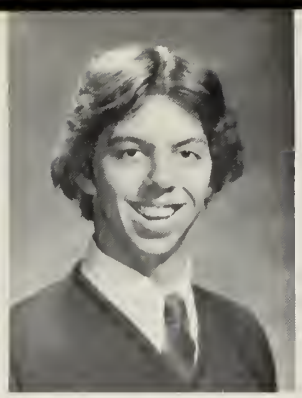
SENIORS



CHARLES ALLEN
Band 1,2,3,4; Chorale 4; Pep Bank 1,2,3,4; Stage Band 1,2.



SCOTT AMBS
Ice Hockey 2,3,4; Lacrosse 2,3,4; Soccer 2,3



GARY ANDERSON
Cross Country 3; Ice Hockey 2,3,4; Outing Club 2,3,4; Amateur Radio Assoc. Tres. 3, Pres. 4

DAVID AUBREY
Baseball 2,3,4

KAREN E. BAK
Field Hockey 1,2,3,4; Goldbug 2,3; Graphic 4; Gymnastics 1,2,3,4; Nat'l Honor Society 3,4

Sr. Core Comm. **FIRST ROW (L — R)** L. Leonard, (Sec.); D. Winslow, (Pres.); D. McConnell, **SECOND ROW (L — R)** P. Chametzky, C. Chandler, R. McGinn, K. Maxsan, T. Porter.

SUSAN BARKER
Basketball 2, Volleyball 3,4; Chorus 2,3; Outing Club 4; Handbell Choir 1,2,3; Navigators 4; Ski Club 1.

JAMES BARR
Baseball 1-4; Basketball 1,2; Field Hockey 1-4; Wrestling 3,4; Boys State '75; Navigators 3,4; All League Hon Mention Offensive Center 4; Defensive End 4

CATHERINE BELL
AV Club 3; Chorale 4; Drama Club (in England) 1,2; Thespians 4; Horseback riding, church choir

LESLIE BENSON
Ceramics 1,2,3; Hardees Fast Food 2,3.

CARL BERGQUIST
Baseball 1,2,3,4; Football 1,2; Ice Hockey 2,3,4; Student Council 1; Boys State '75; Navigators 3,4

CRAIG BERGQUIST
Baseball 1,2,3,4, Ice Hockey 2,3,4, Soccer 2,3,4, Navigators 3,4

JIM BIAS

CATHLEEN D. BISHOP
Basketball Mgr 2,3, French Club 1; Librarian Asst 1, 4H Club, Bible Study.

DEBBIE BLACK
Art Club 4

KRISTI BODIN

MARTHA BOLUCH
Squash Racquets 1-4, Cheerleaders 1-4, Class Officer Pres 2, Sec. 1, French Club 1, Gymnastics 1-4, Pep Club 1-4, Stu Co. 1,2, Tri S 1-4, Core Comm 3,4

JANET BOOTHROYD
Goldbug 2,3, Gymnastics 1,2,3,4, Nat'l Honor Society 3,4

JUDY BRAGG
Basketball 2,3, Field Hockey 4, Softball 2, Volleyball 2, Band 1,2,3,4, Pep Band 2,3,4, Navigators 3,4

BOB BRADTS

AARON BRITT
Baseball 1,2,3,4, Soccer 1,2,3,4, Wrestling 2, Nat'l Honor Society 3,4, Navigators 3,4

CHRISTOPHER BRITT

CINDY BROWN

ANDREW BURKE

DENISE CAREY
Business Club 3,4, Future Homemakers Club 2,3, Pep Club 4

MICHAEL CAREY

WHENDY CARTER
"May all my enemies go to hell, Noel, Noel, Noel, Noel!!"
— Hilaire Belloc

PETER CHAMETZKY
Basketball 1-4 Capt (4); Cross Country 2,3,4, Capt (4); Track 2,3,4, Class Officer 4, Goldbug 4, Graphic 3; Stu Co. 1,3,4, V. Pres. 3; Thespians 2, All West Mass. Cross Country 4, AAU Member 3,4

CHARLES CHANDLER
As Schools Match Wits 2,3,4, Goldbug 3, Graphic 4, Nat'l Honor Society 3,4, Pep Club 4, Core Comm. 4

VINCE CLEARY
Skiing 1,2,3,4, Band 1,2,3, Outing Club 1,2,3,4, Stage Band 1, Student Council 1, Valley Cycle Club

PAULA COBB

CHRIS COLLINS
Baseball 1,2,3,4, Football 1, Soccer 2,3,4, Rod & Gun Club 1,2,3, Navagators 3,4

MARK CONLON
Golf 2,3, Ice Hockey 4, Graphic 4, Teacher's Aid 2,3,4, Navigators 3,4

JIM COOK
Swimming 2,3,4

RUBY COSTIGAN

MARY COTY
Graphic 3, Pep Club 3,4, CCD Teacher 2,3,4

NICHOLAS COURNOYER
Golf 4, Skung 4, Swimming 3, Nat'l Honor Society 3,4

KAREN CROMACK
Basketball 2,3,4, Field Hockey 2,3,4, Softball 1,2,3,4, Nat'l Honor Society 3,4, Student Council 3.

ED CROSSMAN

KATHY CURRAN

DAVID DALTON
Lacrosse 3,4, Soccer 1,2,3,4, Swimming 2,3, Outing Club 2,3,4

KAREN DAMERELL
Skiing 1

LINDA DAVIES

JANIKI EVANGELIA DARITY
Var Cheerleader 3,4, Goldbug 4 Stud Coun 2,3,4, Jr Cor Comm 3, Dance Workshop 3, Afro Am Soc 1-4 Tennis 4, Pep Cl. 3,4, Ski Cl 2, Tri-S 2,3.

ALLEN DEAN
Chorale 4, French Cl 1, Graphic 3, Nat'l Honor Soc 3,4, Orchestra 1,2,3, Contemporary Music Ensemble 1,2,3, "TSO"

RICHARD DENESHA
Cross Country 1,2 (Mgr); Track 1,2 (Mgr); Band 1,2,3,4, Orchestra 1,2, Outing Cl 3, Pep Band 1,2,3,4, Stage Band 1,2, Air Force ROTC 3,4

PHILIP DENYSE
Taught Computer Programming at Jr. High 4

ALECH DESMOND
Basketball (Mgr) 2,3,4, Football 1,2,3, Track 1,2,3,4, Pep Cl. 4

WAYNE DEWYNGAIRT
Swimming 1,2, Chess Cl. 1; Orchestra 1

ANN DORMAN
Chorale 3,4, Chorus 2, Drama Cl. 2, French Cl 3, Goldbug 4, Thespians 4

MARK DOWELL
Basketball 1, Tennis 2,3,4, Band 2,3,4, Nat'l Honor Soc. 3,4, Orchestra 1-4, Pep Band 3,4, District Band, Pioneer Valley Symphony Orchestra

CLARK DRAKE
Rod & Gun Club 1,2,3,4

NANCY DRAKE
French Club 2,3,4, Pep Club 4; Student Lounge Comm (Sec.) 1, Office Asst. 3,4, Cashier at Stop & Shop.

KAREN DZENDOLET
Tennis 2,3,4, Band 1,2,3; Debating 2,3; Forensics. (Extemporaneous speaking) 2,3,4; NHS 3,4; Pep Band 1,2; St Co. 2,3,4, co-chairperson 4, Reg Ad. 2,3; Model Congress Del. 4, "TSO"

THOMAS EDDY
Football 1; Rod & Gun Club 1,2,3,4

JUDY FAGERSON
Chorale 4, Chorus 2,3; Drama Club 1; Spanish Club 1.

RICH FAY
Baseball 1,2,3,4, Swimming 1,2,3,4, Outing Club 3,4

ANNE FEASTER
Cheerleader 2,3,4, Pep Club 3,4, Tri S 2,3,4, Navigators 3,4

JOHN FENTON
Football 1,3, Skiing 2,3,4.

MARTHA FERAGEN
Lacrosse 3; Swimming 4, Gymnastics. 1.

TERESA E. FILIOS
"I'm nobody, Who are you?" Emily Dickinson
Field Hockey 3; Cheerleader 4; French Club 1; Graphic 4, Literary Magazine 2; NHS 3,4, Orchestra 1,2.

DANIEL FISK
Baseball 1,4, Skiing 1,2,3,4, Soccer 2, Work Study at Bank.

SCOTT FITZGERALD
Baseball 1,2,3,4, AV Club 1, Biology Club 2; Nat'l Honor Soc. 4; Mgr. of Football 3,4

ELLEN M. FLIGHT
Softball 1 (Mgr), 2, Medical Carrer Club 2, Camp Counselor, Student aide.

MARY FOLEY
Talent Shows 1,2, Student Lounge 1

DANIEL FORD
Art Cl. 4. Baseball (Mgr) 2,3, Wrestling 2,3,4, Band 1,2,3, Chorale 4. Drama Club 2,3, Literary Magazine 4, Nat'l Honor Soc 3,4, District Band 2, Juggling

MARGARET FORD
Swimming 1,2,3, NHS 3,4, Orchestra 1,2,3,4, Stu. Cou. 3,4, Hurricane Guards 3; District Orchestra 2,3,4; Young People's Symphony 2

PETER FOWLER
Football 1, Lacrosse 2,3,4, Soccer 2, LD Cl.

CHRIS FRANKLIN
AV Club 1,2; Band 1,2,3,4, Pep Band 1,2,3,4

CATHY FREEMAN
Softball 2, Business Cl 3,4, Future Homemakers Cl 2,3, 4-H Leader & Member, Student Aide.

LEWIS FULLER

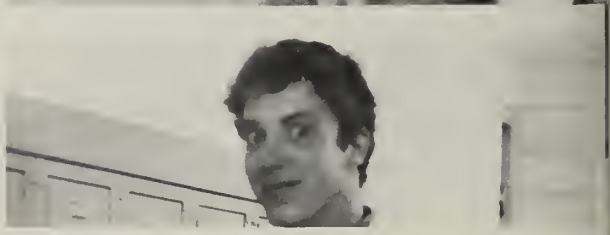
MICHAEL FUSIA
Baseball 1,2,3,4, Football 1,2,3,4, Ice Hockey 2, Graphic 4

LAURA GARDNER

JOHN GAWIENOWSKI
Football 4, Tennis 2, Wrestling 2,3,4, Chess Cl. 1,2,3,4, Outing Cl. 3.

ELIZABETH L. GETTIER
Basketball 1,2,3, Cross Country 3; Field Hockey 1,2,3,4; Track 1,2,3; Teacher Aide 75-76.

JOHN GIBSON
Art Club 2,3,4; Cross Country 3; Track 1,2,3,4, Class Officer (Sec.); Goldbug 2,3,4.



TONY GLENN
"Pepper"
Football 1,2,3,4, Track 1,2,3,4

PETE GOODHIND
Rod & Gun Club 1,2, Work Study 3,4, Student Lounge Maintenance

PETER GORDON
Debating 2,3,4, Forensic Club 2,3,4, Nat'l Honor Soc. 3,4, Student Council 2.

FRANÇOIS GOUIN
Band 1,2; The Restoring and Building of cars, Autoshop asst. 3; Pelham Firefighters Assn.

CHRISTOPHER GRAY
Ice Hockey 1,2,3,4, Lacrosse 2,3,4; Graphic 4.

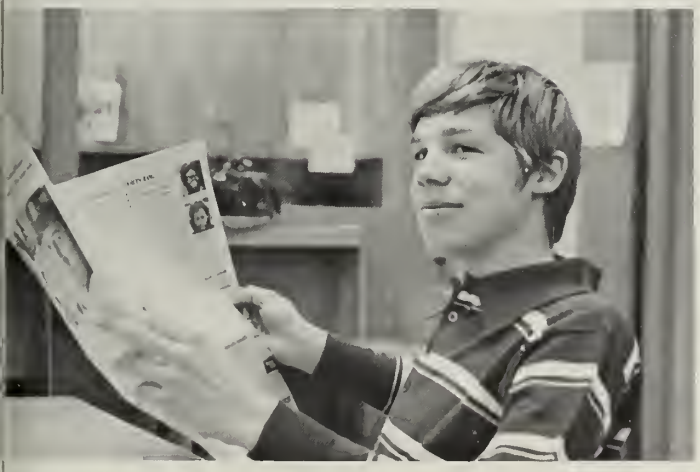
DEBBIE GRISWOLD
Business Cl. 3,4, Hockey Cheerleader 4, Youth Group

ANDREA HALL
Swimming 1,2,3, Orchestra 1,2,3,4, Pep C' 3, Student Aide 4, Navigators 4, Explorer Post 557 2,3,4, Lassie League 1, Skating Cl 2.

KAY HALPERN
Swimming 1,2, Debating 2, Forensics Club 4, Goldbug 4, Nat'l Honor Society 3,4, Russian Club (Pres) 3, Amh Dem Town Comm., Citizens Advisory Comm., Amh League of Wo.

LORNA HALSTED
Chorale 3,4(Pres.); Core Comm. Member 3, Chorus 2, Drama Club 1, Nat'l Honor So 3,4, Outing Club 3,4, Thespians 2,3,4(Pres)

JOE HARRIS
Basketball 1, Football 1, Track 1,2,3,4, Electronics



CHRISTOPHER HASBROUCK

ANN HASTINGS
Chorus 1; Girl's Basketball (Mgr) 3,4, Walk For Mankind 4

KATHY HAYES

JOHN HEATH
Rod & Gun Club 1,2.

CYNDI HORNE

FLORENCE HOUN
Baseball 2, Track 3, Vball 2-4, NHS 3-4, Asian Amer Edu Comm, Pac Asian Coal 3,4, Asian Studies Curr group

ANDY HOWARD
Field Hockey 1

PAMELA HOWES
Swimming 2,3, Orchestra 1, 4-H 1,2,3,4

AMY HUBERT
"the unexamined life is not worth living" (Socrates) Nat'l Honor Society 3,4, Orchestra 1,2,3, Outing Cl 3,4, Outing Club Core Comm. 3,4

GERALD JANOWITZ
Motocross racing.

DIANE KEEDY
Nat'l Honor Soc 3,4

CLIFFORD KELLY
Soccer 1,2, Track 1,2, Outing Cl. 1,2,3,4, Amh Coll Research Asst

BARBARA KENNELLY
Nat'l Honor Soc (Pres.) 3,4

ROBERT KENNEY
Baseball 1, Basketball 1, Nat'l Honor Soc 3,4, 2-way Communications Services, Electronics Repair, Pelham Firefighters Assn

TERESE KEOHANE
Chorus 1,2, Goldbug 4, 4H Cl. 11,12

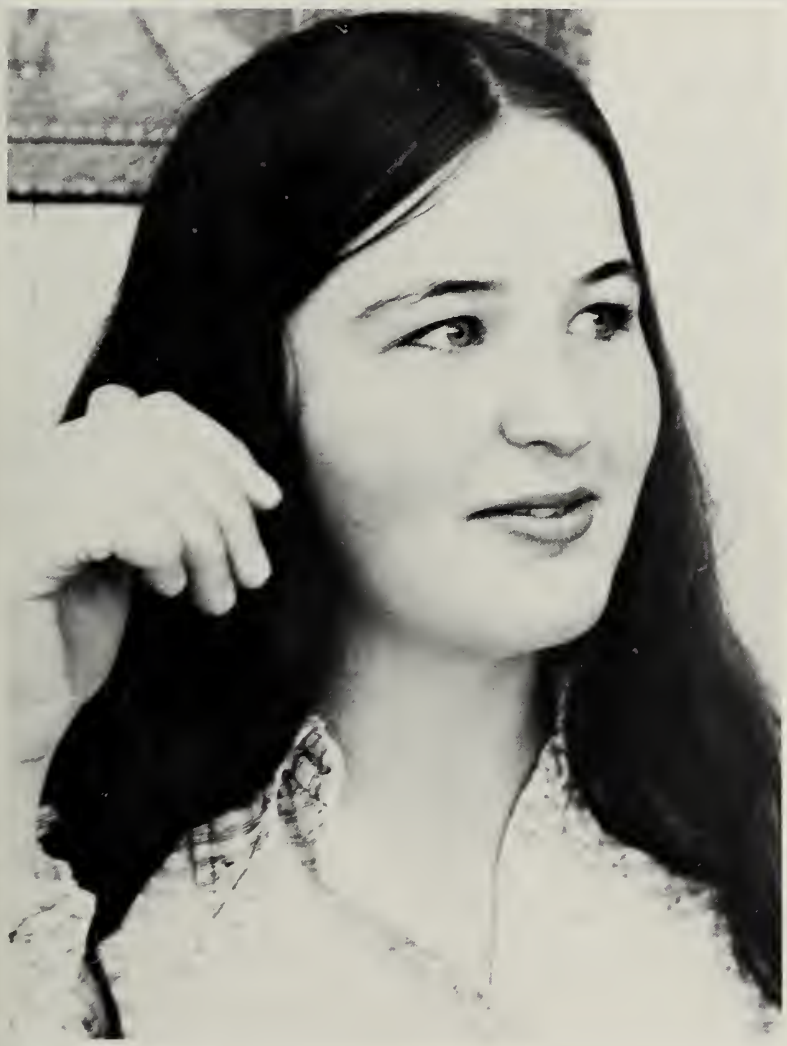
JOY KEYES
Basketball 1,2,3; Field Hockey 1,2,3,4; Softball 1,2,3,4.

KATHY KIMBALL
Nat'l Honor Society 3,4.

KATHY KLEIN
Cheerleader 1,2,3,4 (Co-Cap); Pep club 3,4; Core Comm 4.

SARAGRACE T. KNAUF
GAAP(Ger Exchange Program) 3,4, Peer Group Counseling 4, Tutoring 4, Jazz Dance Group 3; I.C. Community Theater 1

DEBORAH KNOBBS



JAMIE KOEHLER
"Salt"
Football 1,2,3,4; Lacrosse 3,4; Graphic 4; Lacrosse Club 3,4

LIBBY KROON
Student Council 4.

ANTONY KUNDERT
Skiing 1,2,3,4; Soccer 2,3.

SUE LACLAIRE

DAVE LAFRANCE

RICK LAMBERT

LISA LEE
Softball 1,2,3,4; Volleyball 2,3,4; Chorus 2,3; Goldbug 3; Gymnastics 1,2; Nat'l Honor Society 3,4, Outing Club 2,3,4, Outing Club Executive Comm. 3,4.

CINDY LENZ
Softball 2; Nat'l Honor Society 3,4; Orchestra 2,3,4; Outing Club 2,3,4, Basketball Mgr. 2,3; Softball Mgr. 3; District Orchestra 4; Young People's Symphony 4; Navigators 3,4

LEE ANN LEONARD
Sec. 3,4; 4-H Horsemasters, Pres. 2,3,4; Horse Showing 2,3,4.

RICHARD LEWISON
Swimming 2; Tennis 3; Outing Club 4; Ski Club 1,2,3,4.

BOB LORD
Baseball 1,2,3,4; Basketball 1; Football 1,2,3,4; Wrestling 2,3,4 (Co-Cap); Navigators

JANET LYMAN
Track 1,2; Band 1,2; Goldbug 2; Workstudy 4; Science Aide 3; Home Ec. Aid 3; Guidance Aide 1,4

DOUG MACLEON

JANE MAHAR
Art Club 2; Outing Club 2,3,4 (Exec. Com); Folkdancing 2.

THOMAS MAISNER
Football 1; Wrestling 2; Rod & Gun Club 1,2,3,4.

DEBBIE MARION
Cheerleaders 4; Goldbug 4; Graphic 4; Student Aide 4; Navigators 2,3,4

COLLEEN MARIE MARLEY
Tennis 4; Varsity Cheerleader 4; Goldbug 4; Tri-S 2,3; Pep Club 3,4; Ski Club 1,2.

MOHAMMAD MASALEHDAN

MICHAEL MASCIS

MIKE MATUSZKO
Football 1,2,3,4; Rod & Gun Club 1,2,3.

MICHELE A. MATUSKO
Outing Club 2,3,4; Volleyball 4; Tri-S 2; Ceramics 3,4
(Hampshire Coll)

MARIA MAULDON
Swimming 2; Orchestra 1,2,3,4; Outing Club 4; YoungPeople Symphony 2; "Dismet" Orch. 2,4; Skating Club 2; Russian Club 2; 4-H 1,2.

KATHRYN LENA MAXSON
Tennis 3; Goldbug 3,4; Graphic 3;Pep Club 3; Core Comm. Pres; 4; News & Sports TV Show 1; Prom Comm. 3; Ski Club 1 Sec. & Treas.

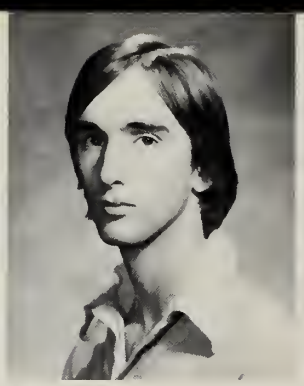
DAVE MAYNARD
French Club 1,2; Nat'l Honor Society 3.

DAVID MAZOR
"still raining, still dreaming" Forensics Club 3; Librarian Asst. 2,3; Jazz Workshop 3,4.

DEBBIE MCCONNELL
Field Hockey 1,2,3; Tennis 2,3,4; Cheerleader 4; Class Officer — V.P. 3,4 Treas 1,2, Outing Club 4, Pep Club 4; Tri S 2,3,4

SANDI MCGILL
Cheerleader (Capt.) 2,3; Basketball 2,3,4; Pep Club 2,3,4; Figure Skating; 'The LGS will mse someday'.

RIC MCGINN
Basketball 1; Cross Country 1,2,3,4 (Co-Capt); Track 1,2,3,4 (Co-Capt); Wrestling 3; Goldbug 4; Gymnastics 2; Student Council 1,2,3,4; Thespians 2,



ANDREW MCNEAL

CRAIG MERRILL
Bsktball 1,2,3,4; Soccer 1,2,3,4; Restaurant Cook.

LINDA MCKEMMIE
(Kemmer)
Tri-S 2; AGDT 3,4; Work Study (Stop & Shop) 2,,4

JEAN THERESA MOORES
Band 1,3,4; French Club 2; Goldbug 3,4; Nat'l Honor Society 3,4 (Sec); 4-H member & leader 1,2,3,4; In 1974-75 Edition of Who's Who Among American High School Students 3; Adv. Bio. Lab Asst 4

TERRY MORIARTY

BRIAN MORTON

PERRY MOSS
Afro-American Society 1,2,3,4; Basketball 1,3,4; Football 1; Track 1; Band 1,2;Pep Club 1; Stage Band 1.

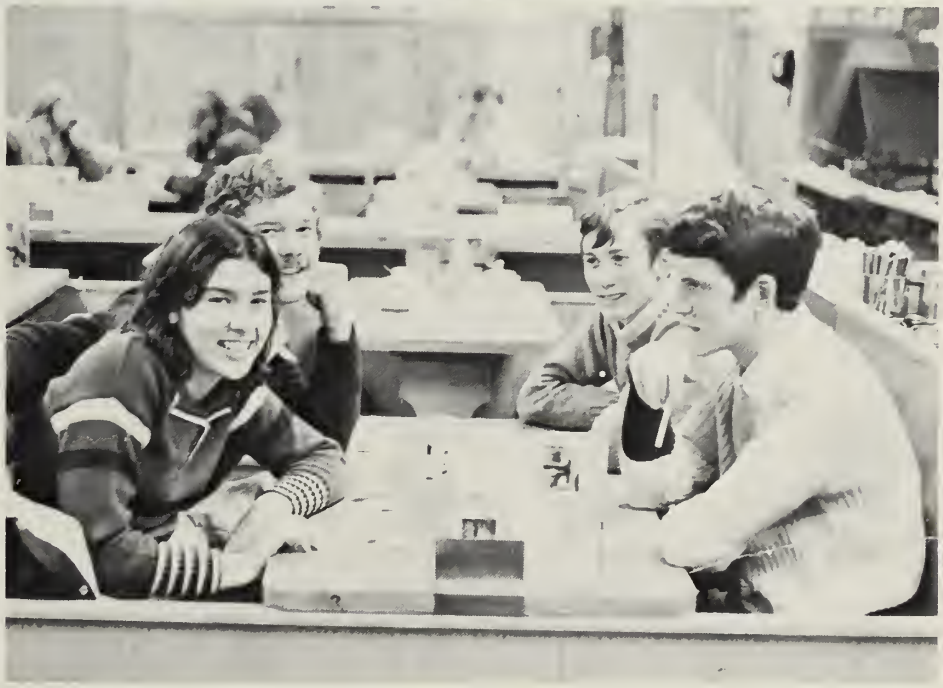
ANN MURPHY
Chorale 4; Chorus 3; Nat'l Honor Society 3,4.

ELLEN NEWCOMBE
Bsktball 1,2; Softball 1,2; Chorus 2,3; Girls Chorus 2,3; Goldbug 3; Outing Club 3,4; Pep Club 2,3,4; Tri-S 2; Navigators; Amherst Explorer Law Enforcement Pres., Sec.; Amherst Medical Explorers, Pres.

PETE NICOLAY
Bsktball 2; Bootball 1; Science Club 2; Pelham Volunteer Fire Dept.

ANN O'CONNOR
Drama Club 1,2; Goldbug 4, Outing Club 1,2,3,4; Ski Club 1,2,4, U.A 1,2,3,4, Three O's 1,2,3,4

TERRY OLANTECK



KATHY O'NEIL
Swimming 2,3; Outing Club 2,3,4; Student Council 1,2,4; Three O's 1,2,3,4.

DON ORRELL

JENNIFER OSBORN
Art Club 3; Wrestling 4 (Capt.); Goldbug 4; Outing Club 2,3,4, Rod & Gun Club 4 (Pres.); Tri-S 3; Three O's.

ROBBIN PAUL
Cheerleader 2,3,4 (Capt); Pep Club 2,3,4; Tri-S 2; U.A. 1,2,3,4

CAROL PEENE
Skiing 1,2; Softball 2; Swimming 1,2,3; Cheerleader 4; 4-H Horse.

PETER PERCHAK
Football 1,2, Pep Club 3, Rod & Gun Club 1,2,3,4; Girl Watchers 1,2,3,4, Rod & Gun Club Treas. 3, ADT 3,4, Graphic Art Group 4

CURT PETERSON
Squash Raquets 2; Swimming 1,2,3,4; French Club 1; Outing Club 2; Job Lord Jeffrey Inn; Competitive Cycling, Cross Country Skiing, Porsche Club of America.

NORMAN PHILLIPS
Wrestling 3,4, Outing Club 2; Ski Club 4.

KATRINA PICHA
Chorale 2,3,4; Chorus 1; Nat'l Honor Society 2,3,4, Outing Club 3,4; Thespians 2,3,4; Collegium Musicum 3,4; District Chorus 3.

STEVE PITKIN
Soccer 2, J V Capt. 3,4, Sking 3,4, Lacrosse 3, Class Pres. 2, Veteran Lord Jeff Buddy.

TOM PORTER
Soccer 2,3,4, Forensics Club 3, Goldbug 3; Literary Magazine 4, Thespians 3; Jazz Workshop 4, Student School Comm. 3, Nat'l

MARK POWERS
Football 1,2,3,4, Golf 2,3,4, Goldbug 4.

NORMA PRATT

ALAN PROGULSKE

KEITH QUINTON
As Schools Match Wits 4, Soccer 1; Squash Raquets 3,4; Nat'l Honor Society 3,4, Outing Club 2,3; Five College Folkdancing 2,3,4.

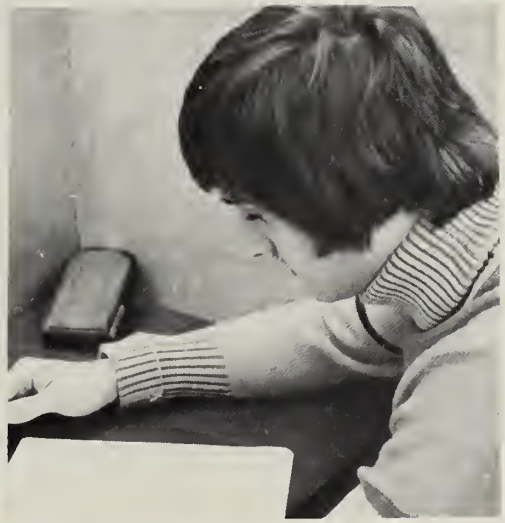
GARY ALAN REHORKA
Police Explorer Scouts

NANCY ROGERS
Bsktball 1; Volleyball 3; French Club 1, Goldbug 3,4; Nat'l Honor Society 3,4; Outing Club 3,4.

KEN ROSS
Football 2,3,4; Chess Club 3.

BILL RUHLANDER
Baseball 1; Golf 2; Skiing 1,2,3,4; Soccer 4; Nat'l Honor Society 3.

PAMELA SABEY
Bsktball. 2; Softball 1,2; Volleyball 3,4; Nat'l Honor Society 3,4; Outing Club 4; Thespians 3,4.



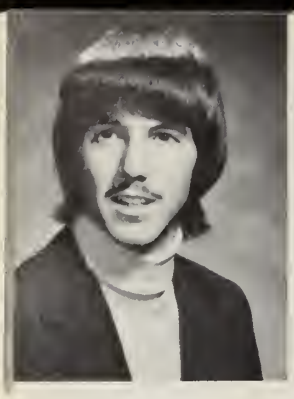
MICHAEL SACCO
Rod & Gun Club 1,2,3,4.

ELIZABETH SCANLON

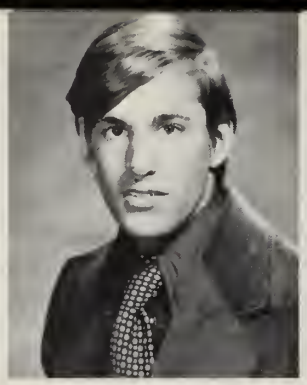
STEPHEN SCHWARTZ
Lacrosse 4; Drama Club 3,4; Goldbug 4; Student Council 1; Ski Club 2,3,4,5; Gap Club 1,2,3,4; L.D. Clem 1,2,3,4.

KAREN SHEERMAN
Softball 4; Cheerleader 2,3,4; Pep Club 3, Tri-S 4.

SETH SHERWOOD
Football 1; Ice Hockey 2; Soccer 2,3,4; Track 3; Graphic 4.



LEE SHUMWAY

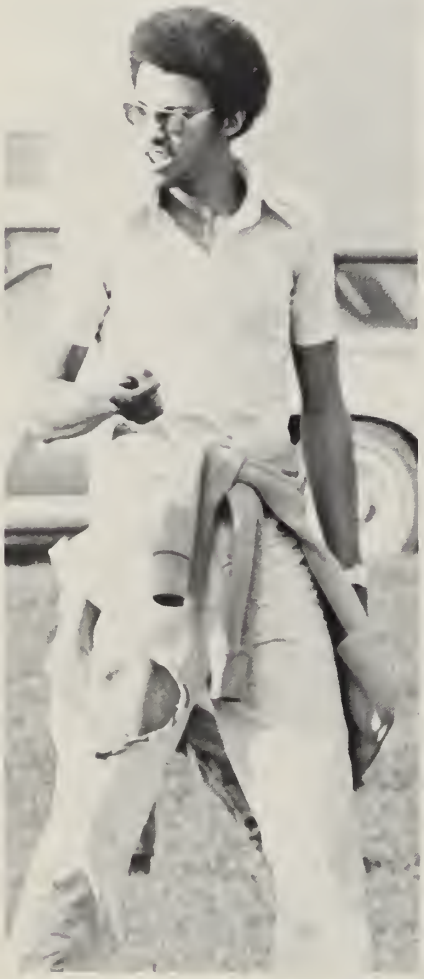


PAUL SHUMWAY

MARK SIDALL
Lacrosse 2; Chorale 3,4 (VP.); Outing Club 3; Collegium Musicum 4.

ELIZABETH SLATTERY
Art Club 2,3; Debating 1.

ANDY SMITH
Baseball 1,2,3,4; Football 3,4; Ice Hockey 2; Graphic 4.



DAVID A. SMITH
Chorale 4, Debating 2,3,4 (VP); Nat'l Honor Society 3,4; Collegium Musicum 3,4

MARTHA SOUTHWORTH
Cheerleader 1,2,3; Chorale 3,4; Chorus 2,3,4; Pep Club 2,3; Tri-S 2,3,4.

THOMAS STRATFORD
Louis Foods, Church; Young People; Stamp

ABIGAIL SUNDERLAND
Bsktball 1,2,3; Swimming 2; Goldbug 4; Blood Drive 3,4.

LISA TARMEY
Wrestling (Capt) 3,4; Cheerleader 2; Goldbug 4 (Editor); Virgo "Tee"; Nat'l Person Society; Peer Group Counseling; One helluva woman!; "Bosco".

DAVID THAYER
Rod & Gun Club 1,2,3,4.

DOUG THAYER
Rod & Gun Club 1,2,3,4.

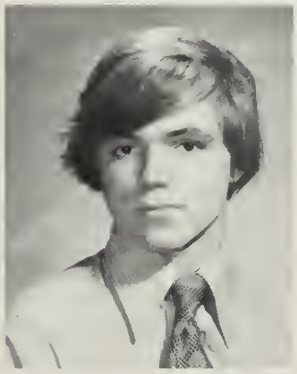
ANITA THOMPSON
Cashier at Hardee's 3,4, P.F. Church Group 1,2,3,4.

STEVE THOMPSON
Rod & Gun Club 1,2,3,4.

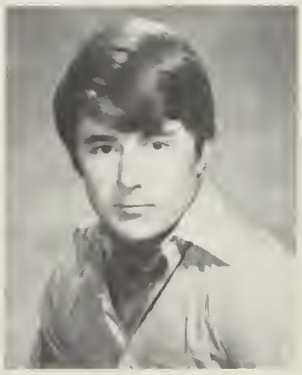
HOLLY THORNTON

BECKY WILLIAMS

DAN WINSLOW
Tennis 3; Audio Visual Club 1; Band 1,2,3,4; Class Pres. 4; Class Treas. 3; French Club 1; Goldbug 4; Nat'l Honor Soc. 3,4; Pep Band 3,4; Del. to Stud. Ad. Council to State Board of Ed. 3,4; Del. to Reg. Stud. Ad. Council 3,4; Band 4; Football 4; Who's Who Among American High School Students; Spiritual Life Comm. 4.



DANA ZARTMAN
Football 1,2,3; Lacrosse 1,2,3; Wrestling 3,4; Gymnastics 1; Farm Work (Work Study) 4.



PAUL ZIOMEK
Rod & Gun 1,2,3.

PETER ZIOMEK
Baseball 1,2,3,4; Bsktball 1,2,3; Swi 4, Graphic 3,4; Pep Club 4, Navig Yearbook business staff 4.

REGINALD COLER
"Gone to look for America"

ELIZABETH KNIGHT

PETER MASSARAS

KATHY THORNTON
Business Club 3,4; Pep Club 1; Tri-S 1.

GLEN VAPESKI
Lacrosse 3,4; Band 1,2; French Club 1; Outing Club 1,2,3,4.

SUE VENMAN
SELINA TE KONAL UNTA

THOMAS VINSKEY
Football 1,2; Lacrosse 1,2,3,4; Class Officer 3; Gymnastics 1; Outing Club 2,Pep Club 1,2,3 (VP.); Lacross Club 3,4.

HENRY WALAS
Rod & Gun Club 4.

JAMES WALAS
Rod & Gun Club 2,3,4.

JANE WASKIEWICZ

ROSANNA WATKINSON

BARBARA WEBB

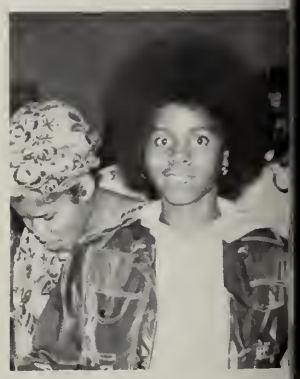
ELIZABETH WELLMAN

JOHN VASSALLO

RONALD LAVERDIERE

Seniors not pictured
Gail Ainsworth
Gerard Alterisio
Barry Altshuler
Lesley Bartus
David Bernstein
Stephen Bosley
Charles Brooks
Jon Rurak
Edgardo Candelario
Nelida Candelario
Timothy Carlisle
Thomas Clark
Geoffrey Cleare
Paula Cobb
Michael Connelly
Elizabeth Decourcey
Roger Delgado
Charles Dodge
Irasema Feliciano
Gina Fenton
Daniel Frazier
Julie Frederick
Jeffrey Gervickas
Justin Griswold
John Harrelson
Glen Hawthorne
Robert Heronemus
Peggy Hilson
Joseph Holmes
Kathleen Holmes
James Jerome
Leeann Kielbowicz
LuAnn Laclaire
Elizabeth Laurenson
Thai-hi Lee
Nancy Likens
Keven Longto
Michael Marko
Deb Markuson
Norval McClure
John McLaughlin
Cayl Mileszko
Anthony Nobblen
Eileen O'Brien
Michael Orr
Ann Ostendarp
Tom Quarles
Carl Reed
Scott Riemer
David Romer
Reza Safdarzadeh
Pam Schwartzberg
David F. Smith
Tod Snyder
Conrad Soons
Steve Stosz
Bill Sze
Peter Teraspulsky
Neil Towson
Michele Walas
John Waldron
Jeremy Wolff

CYNTHIA THOMAS



JIM WENTWORTH
Band 1,2,3, Biology Club 2,3,4, French Club 2; Nat'l Honor Society 3,4,Pep Band 1,2,3,4, Stage Band 1,2, So. Church P F

GARY WEATHERBY

DAVE WHITNEY
Cross Country 2,3,4, Football 1; Track 1,2; Wrestling 2,3,4; Band 1,2,3; Capt. X-country 4, Capt Wrestling 3,4.

KATHY WHITTEMORE

JIM WILEY
Biology Club 3; Graphic 2; Outing Club 3,4; So. Cong'l Church Youth Group.

Winter Sports

Varsity C. Lenz, Mgr., J. Braag, Mgr., Miss Lawson, P. Moss, J. Gerski, E. Snyder, R. Smith, A. Hastings, Mgr., A. Ostendarp, mgr. 2ND. C. Vanderzwaag, S. Collins, P. Barber, K. Cromack, T. Hultin, B. Corker

Jr. Varsity Miss Shea, H. Norton, S. Gettier, K. Nerbin, D. Camerino, M. Hammond 2ND. L. Schneider, D. Vlasch, A. Ford, B. Tikos, G. Maisner, S. Petrizzo.

Swim Team T. Halpin, S. Peene, J. Cook, B. Tyler, J. Wolf, N. Shifflett, 2ND. R. Fay, P. Ziomek, R. Gere, E. Zube, B. Simon, P. Crouse, T. Cowels.

Girls' Basketball 1976

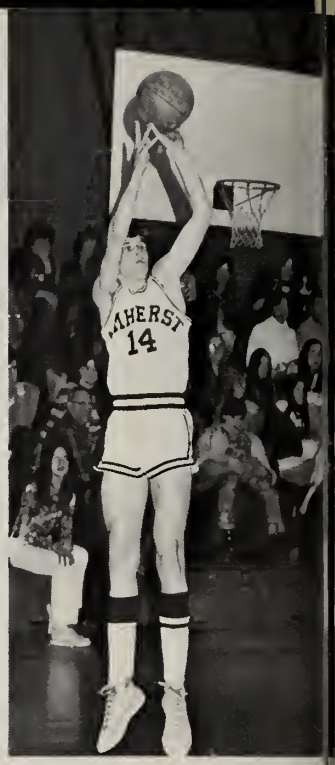
Senior, Karen Cromack and Junior Peggy Barber led a young and inexperienced team to a surprisingly successful season. The team finished 3rd in their league with a 9-5 record. Strong defensive play was responsible for our good record. The outlook for 77 is bright as only "KC" graduates. Peggy Barber and Sherry Collins were the scoring leaders. Carol Vanderzwaag and Paula Moss the top rebounders.

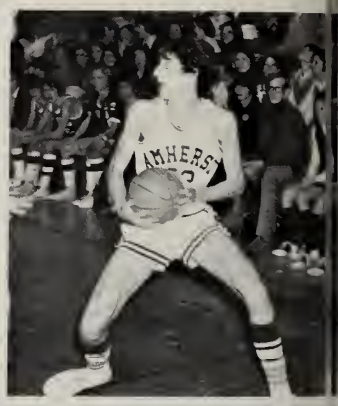
The youngest J.V. in A.R.H.S. history, 8 ninth graders plus 4 upper classmen, compiled a 6-8 record. Coach Mary Ann Shea did an excellent job of bringing along a team that had played very little basketball. Debbie Vlach and Sheila Gettier led the scores.

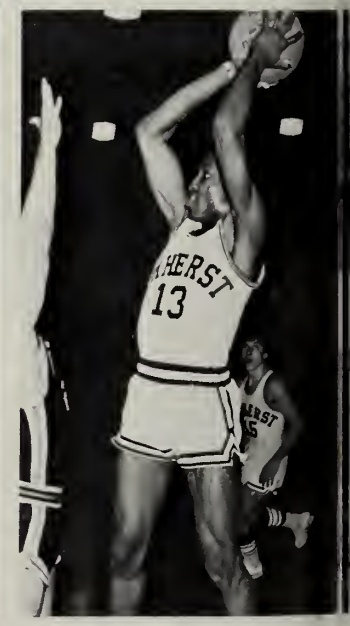
Varsity Swimming

In their first season of B division competition, the Hurricane swimmers had an excellent season. Their 8-6 record was good for second place behind Chicopee Comp. and they fared equally well in Western Mass., State, and New England competition. The team is a young one, with only three seniors, all freestylers. Rich Fay, Jim Cook, and Peter Ziomek all had fine seasons and will be missed. Between them and the rest of the team eight school records were broken this season. Bill Tyler, with six records, and Steve Peene, with four, will both return, along with four juniors, five sophomores, three freshmen, and three eight graders. This should provide Coach Jim O'Donnell with the nucleus of another fine season next year.

Varsity Basketball: **1ST ROW:** J. Lyon; P. Moss; A. Hebb; P. Chametzky; J. Vassallo. **2ND ROW:** Coach Styspeck; P. Goodhind; M. White; J. Chandler; B. Hillson; J. Bonsignore; C. Collins; B. Flood; A. Desmond.







The 75-76 season was another successful one for the basketball team, with the varsity team compiling a 16-4 record and capturing the Hampshire crown. Special paise should go to Coach Tom Styspeck and his assistant Al Jacque for putting together a team that defied most pre-season predictions which placed then no higher than third.

The one returning starter Artie Hebb constantly led the team to victories with his outstanding scoring, rebounding and defense. Seniors John Vassallo, John Bonsignore and Co-captain Peter Chametzky with his spectacular shooting, Vassallo with his ball handling, quickness and defense and Bonsignore who could spell either one with equal competence.

The big men on the team were juniors, Jack Chandler, Bob Flood, Jeremy Lyon, and Senior Chris Collins. Chandler was a dominating rebounder and excellent inside scorer. Bob Flood was an aggressive and quick defensive player. Lyon was a good streak shooter. Collins was an aggressive hustler.

Once again the Hampshire League championship returned to the proper place at the close of another exciting season.

Varsity Cheerleaders T. Filios, Capt., Sue Culbertson; S. McGill; E. Paul; L. Hillenbrand; D. Shaw, T. Drew; J. Burgess; K. Klien; T. Brand.

TOP: A Penza **STANDING:** — D. Boulanger, D. Johnson, K. Silva, L. Mascis **SITTING:** D. Fang; L.

STANDING: T. Graves, J. Volpe, Duddly, B. Hasting, B. Hillson; K. Zanbello, G. Como. **2ND:** P. Goodhind, M. White; M. Clemmer; M. Honinberg; J. Ralph; D. Porter

Hockey Team **1ST ROW:** D. Stoneham, J. Sheehan; A. Progulski (Capt.); David Kim; M. Saheed, B. Gladchuck; G. Gray; **2ND ROW:** B. O'Connor; C. Moner; B. Williams; T. Bak; J. Lamoureux; K. Johnson, J. Ambs; E. Swanson; C. Stedman; C. Berquist.

1ST ROW: S. Reynolds; M. MacPherson; B. Wittner (Tri-Captains); S. Gray; D. Robinson; K. Garger. **2ND ROW:** J. Lund; K. Whittemore; C.J. Peene; D. Griswold.

Despite having a disappointing final record, the hockey team had several bright spots and the outlook is good for the next year. They were rarely outclassed in any games and did quite well against the stronger Springfield teams. Very few of their losses were by more than one goal, and the younger players on the team gained a great deal of experience for next year. Senior Tri-captains Al Progulski, Scott Ambs, and Carl Bergquist will be greatly missed next year. Carl Bergquist and Ambs were the leading scorers, while Gray played several great games in goal. If he didn't get all-league, he certainly deserved it, as he kept the skaters in many games. Coach John Gallagher hopes the returning underclassmen will provide him with as many good games as these players did, and hopefully a better record.

Gymnastics — Despite illnesses and injuries throughout the season, the girls' gymnastics team managed to finish off with a respectable 6-5 record and a fourth place in Western Mass. League.

In dual meet competition senior co-captains Karen Bak and Janet Boothryod, and Betty and Becka Ludtke anchored the line-up with help from Melissa Kim, Tracy Drew, Vicky Wheeler, Martha Boluch, Beth Ostendarp, Alice Coty, and Kate Holmes.

In the Western Mass. meet the team was presented with a trophy in recognition of being undefeated over the past three years on balance beam. Amherst also had two individual winners in this event. Betty Ludtke took third place and Janet Boothroyd was sixth. Qualifiers for the state meet this year were Janet Boothroyd, And Betty and Becka Ludtke.

For the first time since the high school gymnastics team was initiated four years ago, coach Ruth Morse will be losing some team members. They are seniors Janet Boothroyd, Karen Bak, and Martha Boluch. Ms. Morse will look to Lisa McClellan, Lucy Smith, and Lauria Laverdiere to help make next year's season a winner.

M. LaClaire, D. Golfin, T. Gawienowski, Jim Barr, J. Gawenowski, S. McCloud, B.Lord, J. Ostendarp, D. Ford, J. Elko, D. Zartman, D. Whitney, R. Philip.

Ski Club **1ST ROW (L — R)** F. Kammer, A. Dullivard, S. Sabich, T. Fisk, B. Cochran, P. Dugan, K. LaVerdiere, J. Odermatt. **2ND ROW (L — R)** B. Kidd, J. C. Killy, T. Palmer.

Wrestling

This years wrestling team had the most successful season in the history of Amherst High School. "Coach" George Ireland, in his 2nd year, took the experience the team had and shaped them into a winning combination.

With 9 returning letterman, the grapplers pasted their best record ever with a 13-4 mark. Losing only one match in their division, they were co-champions along with Granby and Quabbin. Led by co-captains Bob Lord at 134 lbs. and Dave Whitney at 114 lbs, the Hurrican munutemen broke the previous best record of 9-6 by mid-season with a win over Putnam. They put on a fine showing against powerful Westfield and lost by one point to Western Mass. runnerup Granby.

Seniors who will be missed next season are: Dan Ford at 100 lbs., Randy Phillips at 121 lbs, John Gawienowski at 157 lbs. and Jim Barr at 169 lbs. However, the outlook is good for the next year with five returning starters and a strong nucleus on the J.V. squad.

Ski Team

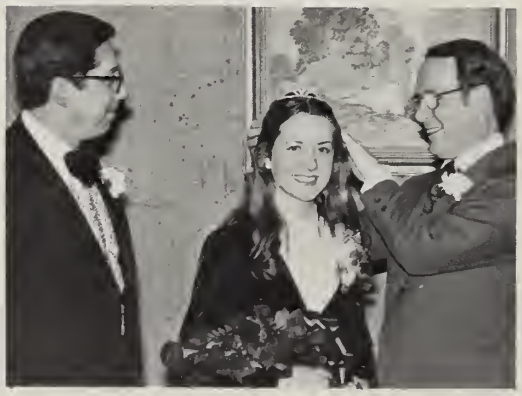
This season has proved to be a disappointing one for the ARHS men of the mountains. Our ski team had hoped to mop up the Western Mass. A Division this year. Unfortunately, there were a few too many bad breaks. The team suffered many unnecessary losses because of the absence of key racers. The showmen posted a 9-4-1 record, not bad, but it isn't what could have been accomplished. The ski team consists of: seniors; Nick Cournoyer, Charlie Dodge, John Fenton, Don Fisk, Ron LaVerdiere, Mike Mascis, Steve Pitkin, juniors; Ralphanzo Gunner, Craig (B.T.) Manning, Dave Norden, John Robinson, sophmores; Paula Dugan, Karen LaVerdiere. The racers are coached by that illustrious Mark's Meadow gym teacher, John Cushing. Now that the season is over, we must look back and remember the seniors. Fentuchilay fell too often. LaVerdiere broke too many pairs of skis. Pitkin was up singing in the chairlift. Mascis never showed up to practice. Dodge was talking himself into the Olympics. Fisk was off working at the bank. Cournoyer was recovering from his trip to Stowe.

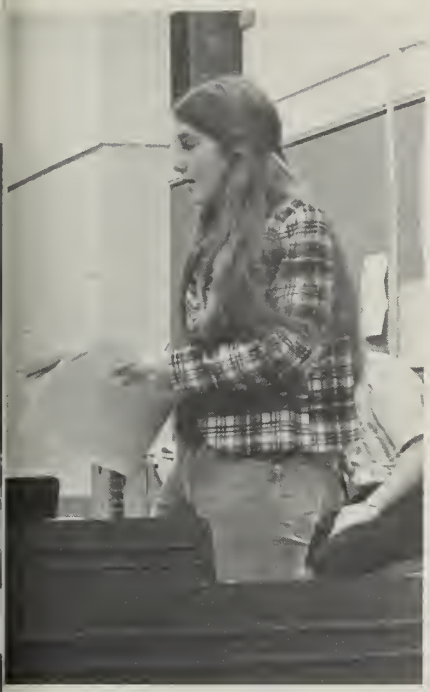
It's A Thing Called . . .

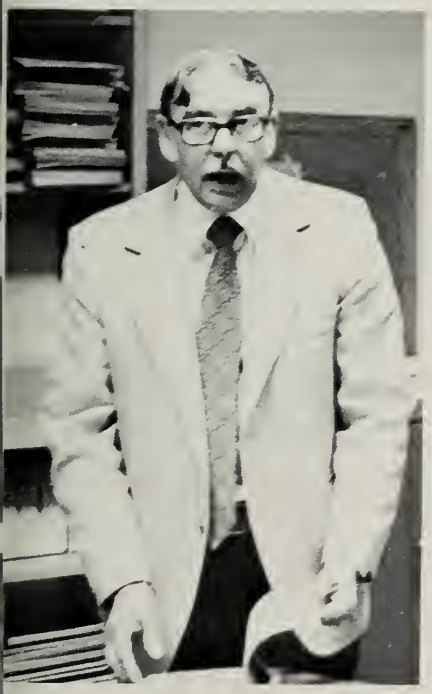
. . . **Friendship**

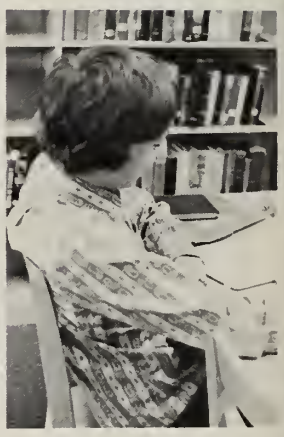
"A Time For Us" — Tri-S Winter Formal

The Tri-S Queen and her Court L TO R: Terry Liveus, Alison Penza, Kate Mayson (Queen), Kathy Garber, Janki Darity









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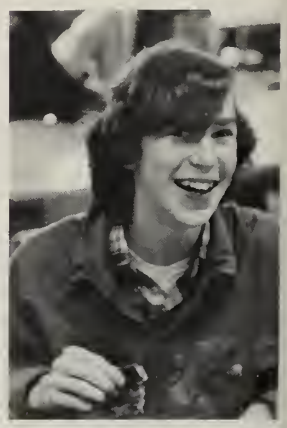
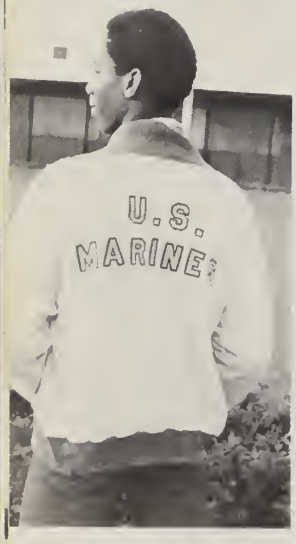

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